



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSR.S.COM

MARCH/2015

INSIDE THIS ISSUE



NATIONAL NUTRITION MONTH Learn to eat nutritious and stay on budget.
STREET R.A.G.E. YOUTH DAY Reaching a Generation Effectively.
COMPUTER CENTER Sharpen computer skills, search jobs and much more!

SPRING LUNCH PROGRAM

During Putnam schools' spring break, free lunches are available for Putnam County children of any age through 18. Expect fun, games, fellowship and lunch! Sponsored by University Heights Baptist Church and several other area church volunteers, the Cookeville Police Dept., Highlands Residential Services and the Putnam County school system.

*Lunch provided at the TNT Center/
Police Substation, 706 Pine Ave.*

Monday, March 16, 11 a.m.-2 p.m.
as part of the poster contest
Wednesday, March 18, 11 a.m.-1 p.m.
Friday, March 20, 11 a.m.-1 p.m.
Wednesday, March 25, 11 a.m.-1 p.m.
Friday, March 27, 11 a.m.-1 p.m.

POSTER CONTEST

What Home Means to Me

Open to all public housing youth in grades K-12. Supplies and lunch provided. You must be present and work on your poster at the local contest (see times and sites below) to receive a cash prize. Participants must make their own posters. A complete list of rules is available in the main office lobby.

Contest TIMES

COOKEVILLE

Buffalo Valley/Coffelt • 5, 6, 7, 8th/Pine & Cypress
11 a.m.-2 p.m. • Monday, March 16
706 Pine Ave., TNT Center/ Police Substation

GAINESBORO

11 a.m.-2 p.m. • Tuesday, March 17
509 N. Murray St., the old manager's office

COOKEVILLE/ALGOOD

Boatman/Darwin • Polly/Hargis • Algood
11 a.m.-2 p.m. • Wednesday, March 18
235 W. Jackson St., Main Office Community Room

BAXTER

11 a.m.-2 p.m. • Thursday, March 19
318 Alexander St., Community Room

MONTEREY

11 a.m.-2 p.m. • Tuesday, March 24
819 Jackson Ave., Community Room

CELINA

11 a.m.-2 p.m. • Tuesday, April 7
301 Green St., Soil Conservation Office

Schedules are subject to change if dates for school spring break schedules change.

Melinda's MEMOS



Annual recertification interviews for Algood

and Buffalo Valley/Cof-felt and Willow Valley/Newman will be conducted in March. You should receive a letter notifying you of appointment date and time.

Kathy's CORNER



Angel's Attic spring distribution is

Saturday, March 21, 10 a.m.-1 p.m. at the First United Methodist Church parking garage, 165 E. Broad St., Cookeville. Free clothing, household items, toys and refreshments for everyone, no questions asked.

Sammie's SECTION



We had an awesome day at the Senior Center last

month. I want to encourage all residents age 60 and up to check out their local senior center. They offer great activities and information, and they have a lot of fun. If you need transportation to any HRS events call me at (931) 526-9793, ext. 224.



ANNOUNCEMENTS

'Don't Quit, Just Come!' Tobacco Cessation Classes A new class starts at each meeting, so it's never too late to join in! We will meet March 10 and 24, from 4-5 p.m. at the HRS main office, 235 W. Jackson St. Classes will cancel for bad weather conditions. Please call Kathy at (931) 526-9793, ext. 212, with any questions. Each class counts as two hours of community service.

The Baby and Me Tobacco Free Program allows pregnant women to get help to quit smoking while earning free diapers for the baby. For more information, call your local health department.

Street R.A.G.E. (Reaching a Generation Effectively) Youth Day is back. Sponsored by First United Pentecostal Church, they will meet on Saturday, March 28, from 11 a.m.-1 p.m. at the main office community room. Kids and parents are welcome to attend for fun, games, activities, fellowship and refreshments.



YOUTH NEWS WITH SHAQUAWANA TNT News

WE WELCOME TTU student Ben Townsend, who is completing his college internship with HRS this semester. Ben has been a TNT tutor for some time. In addition to working with



Sammie and participating in Resident Services events.

TNT now, Ben will be helping with KIDS Matter, doing home visits with

OUR TNT KIDS have been working hard and making good grades. During school spring break for a community volunteer project, they will complete their first Adopt-A-Road trash pickup for the year. Later that day, they will have lunch and some fun. If you or your child would like more information about TNT, is in grade 5-12 and lives in Cookeville, please call me at (931) 526-9793, ext. 213.

KIDS MATTER is going great with an average of 15

kids coming every Tuesday to get a snack, enjoy story time, do individual reading, play word games, do arts/crafts and check out a book to read at home.

PLEASE REMEMBER to like our Facebook pages at Teens Need Training and Highlands Residential Services to see the latest happenings, last-minute information, great photos and much more.



- Individually wrapped Easter candy by Tuesday, March 10.
- Easter items for kids - baskets, plastic eggs, small stuffed animals.

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

RESIDENT COUNCIL: Go T.E.A.M., Go!



T.E.A.M. RESIDENT COUNCIL

We had an awesome February meeting. As part of Black History Month, Morris Irby shared his inspirational story that let everyone know we can overcome any obstacles or barriers we may be faced with. Our next meeting will be Tuesday, March 10, from 10 a.m.-noon at the HRS main office, 235 W. Jackson St.

In keeping with our theme of New Year's resolutions and recognizing monthly awareness causes, this month we are celebrating National Nutrition Month. Drucilla Ray of the UT Extension Service will present "Eating Big on a Little Budget." Drucilla plans to show us ways to stretch

our food dollars by sneaking added nutrition into our meals and much more. She will have actual recipes and food dishes for us to try, along with giveaways. All residents are invited. Attendance counts as four hours of community service.

In the event of bad weather, the meeting will be held the following Tuesday with the council business meeting.

T.E.A.M. RESIDENT COUNCIL BUSINESS MEETING

will be Tuesday, March 17, from 10 a.m.-noon at the main office. Agenda: Planning for upcoming fund-raiser, looking ahead for the year. Attendance counts as four hours of community service.

COUNCIL NEWS: Resident Council will be participating in the Dream Sweep Yard Sale fund-raiser again this spring. If you or anyone you know has items they would like to donate, you can drop these off at the HRS main office lobby or call Sammie, (931) 526-9793, ext. 224, for pickup.

Just a reminder — the council has a resident suggestion box in the HRS main office lobby that is only checked by the council. You can anonymously leave any questions or suggestions you may have for the council.

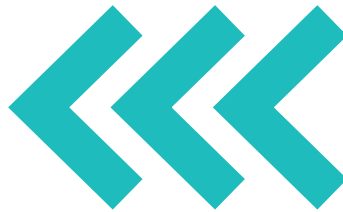
RESOURCE CENTER:

Pixels and Pickups

Computer Center: You've asked for it; we've got it! Beginning March 5, the computer center located in the Police Substation/TNT Center at 706 Pine Ave. will be open for residents to use to look for jobs, create resumés, read emails, strengthen computer skills, etc. The center will be open on Thursdays from 9 a.m.-2 p.m. To use the center, your name must be on the lease. No food or drinks will be allowed around the computers. There is a limited number of computers, so you will need to register for a time slot, either 9-11:30 a.m. or 11:30 a.m.-2 p.m., with slots available on a first-come, first-served basis. The center will be closed on March 26. To register for a time or ask questions, call Sammie at (931) 526-9793, ext. 224.

Disposing of large items: A large item is anything that does not fit in your regular trash. Do not place large items on the curb until the day of pickup.

- Cookeville picks up large items the first and third Tuesdays of each month. Call (931) 520-5201 in advance



- to schedule a pickup.
- Monterey requests that you put large items for pickup out with your regular garbage.
- Baxter requests that you put large items for pickup out with your regular garbage.
- Algood requests that you call City Hall in advance at (931) 537-9545 and make a work order for large items to be picked up.
- Celina asks that you call City Hall in advance at (931) 243-2115 to see if they can pick up your large item.

Please call your local city for pickup first. If they cannot pick up your item(s), then call HRS in advance to schedule for these days:

- Monterey, Algood, Cookeville and Baxter pickup will be the second Tuesday of each month.
- Gainesboro and Celina pickup will be the second Wednesday of each month.



TIMELY TIDBITS

DAYLIGHT SAVING TIME

is March 8. Remember to "spring" your clocks ahead one hour.

LAWN-MOWING SEASON

will start soon! Please keep your children, pets and items out of the path of the mowers.

BOUNTIFUL BREAD

distribution will be Tuesday, March 10, from 10 a.m.-noon at the HRS main office community room.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.



MARCH 2015

S M T W T F S

1 RENT DUE!	2 TNT: After-School Program	3 TNT Center KIDS Matter	4 WALNUT VILLAGE: Rent Collection 10 a.m.-12 p.m. TNT: After-School Program	5 Computer Center 9 a.m.-2 p.m.	6	7
8 Daylight Saving Time Begins "Spring" clocks forward 1 hour	9 WILLOW HEIGHTS: Rent Collection 10-11 a.m. TNT: After-School Program	10 "Bountiful Bread" and TEAM Resident Council 10 a.m.-12 p.m. COMMUNITY SERVICE DUE TNT Center KIDS Matter Tobacco Cessation 4-5 p.m.	11 TNT: After-School Program LATE FEES ADDED	12 Computer Center 9 a.m.-2 p.m.	13	14
15 EVICTON NOTICES FOR NON-PAY/COMMUNITY SERVICE	16 Poster Contest TNT Center 11 a.m.-2 p.m. Spring Lunch Program TNT Center 11 a.m.-1 p.m.	17 TEAM Resident Council Business Meeting 10 a.m.-12 p.m. Poster Contest Gainesboro 11 a.m.-2 p.m. ST. PATRICK'S DAY	18 Poster Contest Main Office 11 a.m.-2 p.m. Spring Lunch Program TNT Center 11 a.m.-1 p.m.	19 BOARD MEETING Poster Contest Baxter 11 a.m.-2 p.m. Computer Center 9 a.m.-2 p.m.	20 Spring Lunch Program TNT Center 11 a.m.-1 p.m.	21 Angel's Attic 10 a.m.-1 p.m.
22	23	24 Poster Contest Monterey 11 a.m.-2 p.m. Tobacco Cessation 4 to 5 p.m.	25 Spring Lunch Program TNT Center 11 a.m.-1 p.m.	26 TNT Adopt-a-Road Computer Center Closed	27 Spring Lunch Program TNT Center 11 a.m.-1 p.m.	28 Street R.A.G.E. Youth Day 11 a.m.-1 p.m.
29	30 TNT: After-School Program	31 TNT Center KIDS Matter LAST DAY TO CALL FOR PEST CONTROL	MARK IT: 4/3 Easter Egg Hunt - All Sites MARK IT: 4/7 Celina Poster Contest Be watching for Teens for Jeans in April			



MAIL

P.O. Box 400

OFFICE

235 W. Jackson St.
Cookeville, TN 38503

PHONE

931.526.9793

EMERGENCY

931.260.6080

»»» The office is closed for lunch from 12-1 p.m.



DOWNLOAD IT

To download a digital version of our calendar, please visit HighlandsRS.com.



iCal



Google

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

