



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSRS.COM

MARCH/2014

INSIDE THIS ISSUE



WHAT HOME MEANS TO ME Get creative with our annual poster contest.
THE PRACTICAL PARENT Learn parenting tips for children of all ages.
YOUTH NEWS TNT members will be throwing out the trash this month.

POSTER CONTEST

What Home Means to Me

As part of NAHRO's Housing America campaign, the "What Home Means to Me" poster contest is held annually for children in affordable housing and community developments administered by NAHRO member agencies like Highlands Residential Services.

The poster contest is open to all HRS youth, from children starting kindergarten this fall to current 11th graders. Supplies and lunch are provided. Children must be present to work on their posters at the local contest level to receive a cash prize.

The participants must make their own posters. A complete list of rules is available in the main office lobby.

See the full schedule of contest times and meeting places *to the right*. Please note that if children are in school the day of the contest due to spring break changes, HRS will announce other plans for the contest.

If you have any questions, please call Resident Services at (931) 526-9793 ext. 213 or 212. HRS encourages all eligible children to come! Anyone can win!

Contest TIMES

COOKEVILLE/ALGOOD

Boatman/Darwin • Polly/Hargis • Algood

11 a.m. to 2 p.m. • Tuesday, March 4
235 W. Jackson, Main Office Community Room

BAXTER

11 a.m. to 2 p.m. • Wednesday, March 5
318 Alexander St., Community Room

MONTEREY

11 a.m. to 2 p.m. • Thursday, March 6
819 Jackson St., Community Room

GAINESBORO

11 a.m. to 2 p.m. • Tuesday, March 11
509 N. Murray St., The Old Manager's Office

COOKEVILLE

Buffalo Valley/Coffelt • 5, 6, 7, 8th/Pine & Cypress

11 a.m. to 2 p.m. • Wednesday, March 12
706 Pine Ave., The Police Substation

CELINA

11 a.m. to 2 p.m. • Thursday, April 3
301 Green St., Soil Conservation Office

Melinda's MEMOS



Annual recertification interviews will be conducted

for **all** of Algood, Buffalo Valley and Coffelt, and Willow Valley Court and Newman Drive. You should receive a letter notifying you of your appointment date and time.

Becky's BLOCK



The "Bountiful Bread" distribution will be held during

Resident Council for all residents. Plus, Ensure can be ordered from any UCHRA office for only \$20 per case. Contact your local UCHRA office for details.

Kathy's CORNER



Angel's Attic spring distribution is March 22 from

10 a.m. to 2 p.m. at First United Methodist Church garage, 165 E. Broad St., Cookeville. Enjoy free clothing, home items, toys and refreshments. Open to anyone in need.



ANNOUNCEMENTS

Shout-Out Time.

Congratulations to our AmeriCorps volunteers! Becky Hyder was recognized as the first Adult High School Student of the Month by the Sunset Rotary Club for her high quality schoolwork and consistent attendance. And Shaquawana Wester was recognized for her leadership roles with HRS youth programs by the IMPACT Club at their second annual gala held on Feb. 23, as part of Black History Month.

Maintenance Minutes.

Annual inspections of all apartments will continue through the rest of the year. Each development will be notified by hand delivered notice prior to the inspections.

The "M" Word. Yes, it's that time again: mowing. Please keep toys and personal belongings out of your yards. Also, do not let children play in the yards when lawn maintenance is present.

RESIDENT COUNCIL: Business and Babies

The council meets the second Tuesday every month in the HRS main office community room.

MEETING: Tuesday, March 11, from 10 a.m. to 12 p.m. at the main office. Attendance counts as four hours of community service.

FEATURING: Tara Bates of Genesis House will present "The Dynamics of Abuse" before the council business meeting. Refreshments will be served.

ANNOUNCEMENTS: Council officers will visit Monterey sites during the week of March 16 through 22 to personally invite residents to participate in council activities as part of their "Meet the Council" program.

Meanwhile, the council is still accepting donations for their second Annual Yard Sale fund-raiser until the first week of April. Items may be dropped off at the HRS main office. Pickup may be available; please call Becky at 931.526.9793 ext. 224. The yard sale date will be announced next month.

The Practical Parent



"Lunch and Learn" will be Tuesday, March 18, from 12 to 1 p.m. at the HRS main office. (Please use the community room entrance.) Jo Ward of the Stephens Center will present "The Practical Parent," where she will cover stages of child development from infancy to age 5, help you to develop positive skills and share parenting tips. Hear excellent information for parents or guardians of children of any age. **(PHOTO:** Above, HRS resident and new mom, Bridgett, with her tiny daughter Scarlet.) All residents are invited to this free class and lunch. Attendance counts as two hours of community service. Please call Shaquawana at 931.526.9793 ext. 213 if you plan to attend so she can plan the lunch accordingly.



YOUTH NEWS WITH SHAQUAWANA

Honk Your Horn for TNT Adopt-A-Road

NEW TNT INTERN

HRS is happy to welcome our new intern, who will be working with us this spring. Mary Tebo is working on her master's in psychology at Tennessee Tech University. She will be working with our Teens Need Training program and some of our other resident services activities.

ADOPT-A-ROAD

On Thursday, March 13, the TNT youth will have their first Adopt-A-Road trash pickup along Pine Avenue (weather and school permitting). Be

watching for the teens that day and be sure to wave your thanks for their efforts!

MARK YOUR CALENDARS

Our 13th Annual Easter Egg Hunt will be held on Good Friday, April 18, (school calendar permitting). Look for details in the April newsletter.



SERVICE WITH A SMILE

Recent guest speakers at TNT sessions included Allie and Cassie with TENNderCARE who talked with the teens about February's Dental

Hygiene Month. **(PHOTO:** Above, Allie and Cassie, centered, with TNT members Warren, Ashley, Devon and Dori.) As always, HRS thanks all our community supporters and volunteers.

RESOURCE CENTER:

And The Winner Is ...



HUFFING AND PUFFING?

Our next Quit Smoking/Tobacco Cessation class is Tuesday, March 11, from 4 to 5 p.m. at the HRS main office, 235 West Jackson St. This class is sponsored by HRS and the UC Anti-Tobacco Coalition in conjunction with Quit 4 Life and the Power of Putnam.

The class is free and open to the public. You can participate in any class at any time. Free refreshments will be served.

Attendance counts as two hours of community service. In case of bad weather, the class will be cancelled. Please call Kathy at 931.526.9793 ext. 212 with any questions.



TV WINNER ANNOUNCED

The winner of the "Smoke-Free Pledge" television giveaway is resident Nikki Lane. **(PHOTO:** Above, Nikki is pictured on the right with her new television presented by Bill Gibson, executive director of Power of Putnam, Kathy Smith of HRS resident services and Justin Sweatman, assistant director of Power of Putnam.)



TIMELY TIDBITS

PLAYING CATCH-UP.

Need to get caught up or get ahead on community service? HRS is offering eight hours of opportunities this month.

WE GOTTA EAT.

The office is closed for lunch from 12 p.m. to 1 p.m.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

 **MARCH 2014**

S M T W T F S

						1 RENT DUE!
2	3	4 WALNUT VILLAGE: Rent collection. <i>Cookeville/Algood Poster Contest</i> Main Office 11 a.m. to 2 p.m.	5 <i>Baxter Poster Contest</i> 11 a.m. to 2 p.m.	6 <i>Monterey Poster Contest</i> 11 a.m. to 2 p.m.	7 WILLOW HEIGHTS: Rent collection.	8
9 Daylight Savings: "Spring Forward" ONE HOUR.	10 COMMUNITY SERVICE: Due Date.	11 LATE FEES! <i>Resident Council and "Bountiful Bread"</i> Main Office 10 a.m. to 12 p.m. <i>Gainesboro Poster Contest</i> 11 a.m. to 2 p.m. Tobacco Cessation 4 to 5 p.m.	12 <i>Cookeville Poster Contest</i> at Pine Ave. 11 a.m. to 2 p.m.	13 <i>TNT Adopt-A-Road Trash Pickup</i> Community Volunteer Project.	14	15 EVICTON NOTICES FOR NON-PAY/COMMUNITY SERVICE.
16	17 <i>TNT:</i> After-School Program. ST. PATRICK'S DAY	18 <i>"Lunch and Learn - The Practical Parent"</i> 12 p.m. to 1 p.m.	19  <i>TNT:</i> After-School Program.	20 <i>BOARD MEETING</i>	21	22 Angel's Attic Spring Distribution 10 a.m. to 2 p.m.
MEET THE COUNCIL: Resident Council officers visit Monterey.						
23	24  <i>TNT:</i> After-School Program.	25	26  <i>TNT:</i> After-School Program.	27	28 LAST DAY TO CALL FOR PEST CONTROL	29
30	31  <i>TNT:</i> After-School Program.	3 MARK IT: 4/3 Celina Poster Contest 11 a.m. to 2 p.m.				



MAIL
P.O. Box 400

OFFICE
235 W. Jackson St.
Cookeville, TN 38503

PHONE
931.526.9793

EMERGENCY
931.260.6080

»» The office is closed for lunch from 12 p.m. to 1 p.m.

DOWNLOAD IT

To download a digital version of our calendar, please visit HighlandsRS.com.



iCal



Google

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

