

 **AUGUST 2013**


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The Highlands Residential Services Newsletter

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Out with the Old

Highlands Residential Services rolls out a new name, a new logo and a new image!

Resident Spotlight

James "Shorty" Madewell, HRS resident for 49 years, loves to tell jokes.

TNT: Visit to Tutco

Teens Need Training ended the summer program with a visit to the local factory.



OUT WITH THE OLD

A New Name, a New Logo and a New Image

Admiring the new sign at the main office of Highlands Residential Services (HRS), formerly Cookeville Housing Authority, are, from left, HRS Executive Director Dow Harris with members of the HRS Board of Commissioners, Janey Dudney, chairman; Jim Martin, vice chairman; and Robert Owens.

The new name and the signage are part of an image update that also includes a new logo, website and newsletter.

The HRS board decided to make the changes because the organization

has grown beyond its original mission of helping Cookeville-area residents find homes. Now it also offers skills training, mentoring programs and many more services to residents of Cookeville, Algood, Baxter, Celina, Gainesboro and Monterey.

"The residents in each of the towns we serve deserve the highest level of commitment and treatment we can offer, and we're dedicated to continuing that," said Highlands Residential Services Board Chair Janey Dudney. "We operate throughout the Highlands, and we are proud of all of our communities."



Melinda's MEMOS



If you live on Boatman or Darwin streets or in Gaines-

boro and you missed your recertification interview in July, please call me at 931.526.9793 ext. 220 at your earliest convenience to reschedule.

Becky's BLOCK



Questions or needs such as community resources, house-

keeping tips, elderly or disabled services, jobs or more, contact me at 931.526.9793 ext. 213 or BHyder@HighlandsRS.com.

Kathy's KORNER



Don't miss our Genesis House guest speaker at the Aug. 8

Resident Council Meeting at 10 a.m. Nominations will be held for president, secretary, historian and two alternates. (Get four service hours!)



ANNOUNCEMENTS

Parenting Classes.

The Stevens Center offers parenting classes from prenatal to teenagers. Learn about the opportunity on Aug. 22 from 11 a.m. to noon. (Get two service hours!)

Sign up for LIHEAP.

The state has extended the energy assistance contract three months. If you have received assistance over the past year, you cannot sign up until Oct. 1.

Maintenance Minutes.

During August, Walnut Village bathroom renovations continue and HVAC installation begins at 33-06(1). Preventative maintenance inspections and repairs continue through November for all sites. Please call in work orders in a timely manner.

Remember! From Aug. 2 to 4, certain clothing, school supplies and computers will be TAX-FREE! Visit tntaxholiday.com.

RESIDENT SPOTLIGHT: James Madewell

HRS manages units for more than 1,200 residents, and we'd like to know each of you better. If you are interested in being featured in our Resident Spotlight, call 931.526.9793.



NAME: James "Shorty" Madewell

BORN: March 8, 1943

HOMETOWN: Cookeville, Tenn.

WITH HRS (YRS.): 49

FAMILY: Mother, father and half-brother

HOBBIES: James loves to talk to people and tell jokes.

PERSONAL QUOTE: "I love living in Walnut Village with my wonderful neighbors. Ms. Brenda is wonderful."

FAVORITE HRS MEMORY: James fondly remembers moving into HRS with his mother in 1964 as well as moving to Walnut Village later as an adult. He also enjoys the Christmas party and the Easter Bunny every year.



TEENS NEED TRAINING

A Special Trip to Cookeville's Tutco

Teens Need Training ended the 2013 summer program with a visit to Tutco.

TNT was the first youth program to be allowed inside the factory. The objective was to educate children on the many choices after high school graduation. The main message? STAY IN SCHOOL!

During the visit, Tutco also provided snacks and backpacks with school supplies for the kids. TNT and all our participants want to send a big thanks to Tutco for their incredible hospitality and thoughtful gifts.



Meanwhile, Teens Need Training is getting ready to gear back up! We are currently taking applications; however, a high number of applicants may necessitate a waiting list.

For those interested in signing up, TNT is for youth in grades 5–12 that live with Highlands Residential

Services in Cookeville. We meet two afternoons each week for homework and tutoring assistance, computer lab, snacks, educational guest speakers and more. If you have questions, call Shaquawana Wester, youth programs coordinator, at 931.526.9793 ext. 213 or SWester@HighlandsRS.com.

RESOURCE CENTER:

Staying Cool in the Summer



Everyone should have central heat and air in the next six months with the exception of 33-11 Celina, 10-2 Fifth and Pine, and 6-2 Polly, Hargis and West Stevens.

Cookeville Housing Services Corp. has received a grant from Walmart and is going to use it toward air conditioners and fans for these areas. The criteria for receiving an air conditioner or fan is that you cannot have a working air conditioner already in place. If there is a medical need before receiving the central heat and air please let us know. Please contact Becky Hyder at 931.526.9793 ext. 213 or BHyder@HighlandsRS.com.

STAYING COOL TIPS

- Wear *loose-fitting clothing*, preferably of a light color. And cotton will keep you cooler than many synthetics.
- Fill a *spray bottle with water* and keep it in the refrigerator for a quick spray after being outdoors. And try storing lotions in the refrigerator to use on hot, overtired feet.
- Take *cool baths or showers*.
- Combat dehydration with *plenty of water* and sports drinks. **NOTE:** Caffeine and alcohol promote dehydration.
- Try *lighter summer fare* including frequent snacks of cold fruit or low-fat dairy products.

– Information from MEDICINENET.COM



DON'T FORGET TO PAY YOUR RENT

WALNUT VILLAGE

Aug. 5: 10 AM – 12 PM

WILLOW HEIGHTS

Aug. 8: 10 AM – 11 AM

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

 **AUGUST 2013**

S	M	T	W	T	F	S
				1  RENT DUE!	2 TAX-FREE holiday for certain back-to-school items	3 SQUASH AND ZUCCHINI TRUCK: Main Office.
4	5  WALNUT VILLAGE: Rent collection.	6	7 LAST CALL-IN DATE FOR PEST CONTROL!	8 WILLOW HEIGHTS: Rent collection. <i>RESIDENT COUNCIL:</i> 10 AM - 12 PM	9	10 LATE FEES ADDED! COMMUNITY SERVICE: Due Date.
11	12  <i>TNT:</i> First Day Back!	13	14 PEST CONTROL DAY <i>TNT:</i> After-School Program.	15 <i>BOARD MEETING</i> EVICTIION NOTICES: Non-Pay/ Community Service.	16	17
18	19  <i>TNT:</i> After-School Program.	20	21  <i>TNT:</i> After-School Program.	22 Stevens Center Parenting Classes Guest Speaker 11 a.m. to Noon	23	24
25	26  <i>TNT:</i> After-School Program.	27	28  <i>TNT:</i> After-School Program.	29	30	31



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 **DOWNLOAD IT**
To download a digital version of our calendar, please visit HighlandsRS.com.



Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

