



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSRS.COM

MARCH/2016



2015 Celina Easter egg hunt

INSIDE THIS ISSUE

EASTER EGG HUNT open to kids up to 11, lots of candy, prizes and fun
POSTER CONTEST open to youth K-12, supplies and cash prizes provided
UCHRA learn about Star & Workforce Innovation and Opportunity Act programs

15TH ANNUAL EASTER EGG HUNT *

Good Friday, March 25, 2016 egg hunts are for all HRS children up to 11 years old. The egg hunts will be held in the same locations as last year. If unsure, just watch for the Easter bunny. There will be lots of candy, prize baskets and gifts for all children.

CELINA 9 a.m.

GAINESBORO (All children)
REEVES DR. DEVELOPMENT 10 a.m.

BAXTER 11 a.m.

MONTEREY **JACKSON STREET DEVELOPMENT**
12 p.m. (All children that live on Poplar or Elm or Railroad may come to this site).

MONTEREY **STANDING STONE DRIVE DEVELOPMENT** 12:30 p.m.

ALGOOD 2 p.m.

COOKEVILLE 5th, 6th, 7th and 8th STREETS, PINE & CYPRESS AVENUE 2:30 p.m.

BUFFALO VALLEY ROAD & COFFELT AVENUE - 3:00 p.m.

BOATMAN STREET & DARWIN STREET 3:30 p.m.

WHAT HOME MEANS TO ME POSTER CONTEST

GAINESBORO
11 a.m.-1 p.m. • Thursday, March 17
509 N. Murray St., the old manager's office

MONTEREY
11 a.m.-1 p.m. • Monday, March 28
819 Jackson Ave., Community Room

BAXTER
11 a.m.-1 p.m. • Tuesday, March 29
318 Alexander St., Community Room

Open to all public housing youth in grades K-12. All supplies, lunch and cash prizes provided. You must be present and work on your poster at the local contest (see times and sites below) to receive a cash prize. Participants must make their own posters. A complete list of rules is available in the main office lobby.

COOKEVILLE
11 a.m.-1 p.m. • Wednesday, March 30
5, 6, 7, 8th/Pine & Cypress • Buffalo Valley/Coffelt • Algood
706 Pine Ave., TNT Center/ Police Substation

COOKEVILLE
11 a.m. - 1 p.m. • Thursday, March 31
Boatman/Darwin
(Weather permitting - Resident Services discretion)
In the open grassy area on Darwin

CELINA
11 a.m.-1 p.m. • Tuesday, April 5
301 Green St., Soil Conservation Office

Schedules are subject to change if dates for school spring break change. If you have any questions, please call Shaquawana at (931) 526-9793, ext. 213, or Kathy, ext. 212.

Melinda's MEMOS



Recertification interviews for Algood, Buffalo Valley and Coffelt

and Willow Valley and New-
man will be in March. Please
check your mail for your ap-
pointment letter with date
and time and what items
to bring to your interview.
Questions? Call me at (931)
526-9793, ext. 220.

Kathy's CORNER



**Angel's At-
tic Spring
Distribution**
is Saturday,
March 19,

from 10 a.m.-1 p.m. at
the First United Meth-
odist Church parking
garage, 165 East Broad
St., Cookeville. Free
clothing of all sizes, home
and kitchen items, toys,
refreshments and more!
Open to anyone; no
information required.



TIMELY TIDBITS

Daylight Savings Time
is Sunday, March 13.
"Spring" clocks ahead 1
hour.

Lawn Mowing Season is
will begin soon. Please
keep children and pets
away from the mowers,
and move any items in
the yard out of the path
of the mowers.



RESIDENT COUNCIL T.E.A.M.
TOGETHER EVERYONE CAN ACCOMPLISH MORE

T.E.A.M. RESIDENT COUNCIL

Did something prevent you
from getting that high school
diploma? Maybe you've been
thinking about going back to
school? We can help! At our
T.E.A.M. meeting on Tuesday,
March 8, 10 a.m.-12 p.m. at
the HRS main office com-
munity room, located at 235
West Jackson St., the Putnam
County Adult High School
will be on hand to explain the
process and requirements
for getting that high school
diploma or answer any ques-
tions you may have. After-
wards, everyone is welcome
to stay for lunch and feel free
to bring your favorite dish.

Resident Council will have a
planning meeting on Tuesday,
March 15, from 10 a.m.-12 p.m.
The council will be discuss-
ing outreach and events for
residents.

Don't forget, Resident Council
has a suggestion box in the
main office lobby where you
can anonymously place your
questions or comments.
Please note that if you have a
specific need, you can call that
in to the HRS main office.

Adult High School Are you
ready to take that step
toward completing your high
school education? If so, on
Thursday, March 10, from 9
a.m.-12 p.m., the P.C. Adult
High School will be back at
the main office community
room to help you get enrolled!
This is free and open to
anyone in the community, so
grab a friend or relative and
come on in to get signed up!
If enough people are inter-
ested, we may be able to have
classes at the main office.
Questions? Call Kathy at (931)
526-9793, ext. 212.

Misty's MINUTES



Walnut Village Residents

We had lots of fun at the
Valentines Game Day,
so let's keep it going. All
Walnut Village residents

are invited to come by Brenda's office on
Thursday, March 17, from 2 p.m.-3 p.m. for
a St. Patrick's Day Afternoon Garden Tea.
Ellen and Sherrye from Sun, Seed & Soil will
help plant green garden seedlings and talk
about the community garden. So put on
your green and join us for a spot of green
tea and pastries!



Don't Quit, Just Come! Tobacco Cessation classes. A
friend once told me about a home visit she went on
several years ago with her work. As she entered the
dimly lit, enclosed living room, she immediately noticed
there was an infant lying in a carrier on the floor at the
feet of the parents. She also realized the room was
clogged with smoke, and both parents were smoking
over the head of the baby. The baby was constantly
breathing in toxic, second-hand smoke, which has the
strong potential to cause chronic health problems.

You may smoke or use tobacco products or live with
someone who does. You may have never touched a
nicotine product and never want your child to. If so,
it's not too late to come to our free tobacco cessation
classes. Each class stands alone, so you can attend
one time or come on a regular basis. There's no joining
commitments or expectations. March classes will be
on the 8th and 22nd from 2 p.m.-3 p.m. at the HRS
Main Office, 235 West Jackson St.

The Baby and Me Tobacco Free Program allows
pregnant women to get help to quit smoking
while earning free diapers for the baby. For more
information, call your local health department.

Bountiful Bread distribution will be Tuesday, March 8,
from 10 a.m.-12 p.m. at the HRS main office community
room. All residents are welcome to stop by for deli-
fresh bread items.

Need a new or better job? Current area job postings
are available weekly in the HRS main office lobby.

We have lots of events for everyone this month!
However, we can still have winter weather in March.
So be aware, events may cancel for snow or storms. If
unsure, please call the office at (931) 526-9793.



YOUTH NEWS WITH SHAQUAWANA

We welcome Officer Mike Herrick, who started working with our Teens Need Training program in February. Sgt. Anthony Leonard began working with TNT in the fall of 2014 and has taken Lt. Mike's position with TNT. We are very grateful to the Cookeville Police Department for providing these officers to mentor and serve as positive role models for our teens. And we really appreciate the extra steps these officers personally take to help our youth.



Office Mike Herrick



Sgt. Anthony Leonard

We also welcome new TTU practicum students, Nicole Sharooni and Max Briscoe, who will be tutoring and mentoring at our after-school programs and helping with other resident services events.



Nicole Sharooni



Max Briscoe

Summer AmeriCorps HRS Resident Services will once again utilize a summer AmeriCorps volunteer to work with our TNT and other youth programs. The position will begin when school ends and last for 10 weeks, with around 30 hours worked per week. For more information or to apply, call Kathy at (931) 526-9793, ext. 212.

Applications are still being accepted for KIDS Matter and Teens Need Training after-school programs. You must apply, be enrolled and follow program guidelines in order to participate in either program. The rewards of these programs are awesome! Contact Shaquawana today at (931) 526-9793, ext. 213, for details.

Heavenly Host School Scholarship Would you be interested in a full-scholarship opportunity which includes books, tuition, meals and uniforms (transportation is not included) for your child in grades 1-8 to attend Heavenly Host School in Cookeville? Only two scholarships are available, so if interested, please contact HRS Resident Services at 526-9793 – Kathy, ext. 212, or Shaquawana, ext. 213.

tnt TEENS NEED TRAINING WISH LIST

- Individually wrapped Easter candy to fit in plastic eggs
- Easter party favors or small toys by March 11.
- St. Patrick's Day decorations
- Packaged snack item

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER



UCHRA's Workforce Innovation and Opportunity Act (WIOA) is looking for youth ages 16-24.

Can you see yourself in a job this summer where you can earn money and learn job skills?

Do you have an interest in the following industries?

- Transportation & Logistics
- Advanced Manufacturing
- Automotive
- Business Services
- Healthcare
- Entertainment

To qualify:

- Be between the ages of 16-24
- Be a high school graduate NOT attending school or a high school dropout
- Meet a low-income requirement or be an ex-offender, homeless, disabled, pregnant or parenting.

Call your local UCHRA today to learn more and apply! Limited spots available.

- Clay Co.—Cindy Holland, (931) 243-3674
- Jackson Co.—Betty Smith, (931) 268-9840
- Putnam Co.—Sheila Winningham, (931) 520-8733

UCHRA Star Program

- Were you recently laid off or went back to school?
- Are you having a hard time paying your bills on time or making ends meet?
- Are you tired of living paycheck to paycheck?
- Do you want to be able to cover all your family needs on your own?

If any of these sound familiar, UCHRA can help! They have a new program: STAR – Self-Sufficiency Training and Results. The program will help you move from assistance dependency to self-sufficiency. A STAR specialist will help connect you with job and support services or education and training. Call (931) 528-1127 for more information or go to their website, www.uchra.com, and click on Community Services.

Eat Healthy – Be Active Community Workshop

The Putnam County Health Department is sponsoring a free monthly nutrition workshop at the health department, 701 County Services Dr., Cookeville. This month's class, featuring "Quick, Healthy Meals & Snacks," will be Wednesday, March 23, and you can attend either the 10:30 a.m. or the 2:30 p.m. class. Other monthly topics will be on how to read food labels, grocery store tours, taste testing and more! Call Katie at the Health Department, (931) 528-2531, ext. 1046, today to register or for more information.



Remember to "like us"  on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.

 **MARCH 2016**

S	M	T	W	T	F	S
1 MARK IT: 3/17 ST. PATRICK'S DAY 	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	5 MARK IT: 4/5 Celina Poster Contest Tuesday, April 5th 11 a.m. - 1 p.m. 	



MAIL
P.O. Box 400

OFFICE
235 W. Jackson St.
Cookeville, TN 38503

PHONE
931.526.9793

EMERGENCY
931.260.6080

»»» The office is closed for lunch from 12-1 p.m.

 **DOWNLOAD IT**
To download a digital version of our calendar, please visit HighlandsRS.com.



Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

