



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSRS.COM

MAY/2017



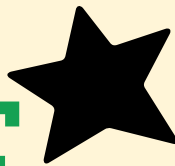
KIDS Matter after-school program

INSIDE THIS ISSUE



SUMMER LUNCH program begins this month
COMMUNITY GARDEN Great things are growing, come join us
CELEBRATE RECOVERY A new resource for those in need

RESIDENT SPOTLIGHT



In the spotlight this month is former HRS resident Kayla Padgett. Kayla lived in our Celina homes with her grandmother and three younger brothers. Some of you may recall that Kayla was the 2013 Grand National "What Home Means to Me" poster contest winner.

Kayla and her grandmother won an all-expense-paid trip to Washington, D.C. During the visit, she learned about government, history and travel and was given the opportunity to speak before 300 nationwide housing authority delegates.



Kayla (far right) with new friends in China.

Since then, Kayla has started college and found she really loves other languages. She decided to learn and study Chinese for a career as a translator, possibly for government or civic work. She wants to help bridge barriers between countries and people. How best to learn this than by living in China? Kayla passed a Chinese language proficiency exam last year, resulting in a liberal arts scholarship from her college, Indiana University. This has allowed her to study in China, which has been a very interesting experience. However, there were other expenses. Kayla was blessed to have a friend and a family member who helped with the plane ticket and travel visa.

Kayla tells us that she would like youth with a background such as hers to be inspired and know that getting an education is part of the way out. Kayla states, "There are people who will help you. As a child, I've always wanted to go to another country, particularly China, and now I'm here! I am not a special case; I'm an example for anyone who has the courage to chase their dreams of success. Yes, it's hard. I don't want be the one to say it happens easily. You will feel like giving up at times. Just keep reaching for your goals."

Resident Spotlight - continued on page 3



Kathy's CORNER

Applications are now being accepted for an AmeriCorps volunteer to work with HRS residents beginning late summer through next year. AmeriCorps provides a living allowance (money deposited into your bank account to spend as you choose) and money for education. This will not affect any current benefits. If you or someone you know would be interested in serving as an AmeriCorps volunteer, applications are available at the main office, or you can call me at (931) 526-9793, ext. 212.



TIMELY TIDBITS

Don't forget Mom!
Mother's Day is Sunday,
May 14.

The main office will be
closed for Memorial Day,
Monday, May 29.



RESIDENT COUNCIL T.E.A.M.
TOGETHER EVERYONE CAN ACCOMPLISH MORE

T.E.A.M. RESIDENT COUNCIL

Our next meeting will be on
Tuesday, May 9, from 10 a.m.-
12 p.m. at the HRS main office
community room. In honor of
Memorial Day and our troops
serving in the military, we will
be making greeting cards to
mail to service personnel.
Lunch will be served. All HRS
residents are invited and
welcome to attend. If you
need transportation, please
call Misty at (931) 526-9793,
ext. 224, regarding availability.

Walnut Village/ Willow Heights

residents will meet
Thursday, May 18, from 1-3
p.m. at the Walnut Village
manager's office #R-5.
We have an awesome
program planned, as well as
a light lunch. Kelly Clarkson
with the SHIP program
will provide updates and
information on Medicare.
Kelly spoke to the Resident
Council in April, and the
information was so helpful,
it's worth sharing! We hope
you'll come – we'll have a
great time!

Welcome to Medicare

The Area Agency on Aging
and Disability is sponsoring
a free, open to the public
"Welcome to Medicare"
class, on Tuesday, May
23rd, 12:00 p.m. – 2:30 p.m.
at the Putnam County
Library upstairs meeting
room. Expect to learn what
Medicare does and does
not cover, the different
parts of Medicare, Medicare
Supplement and Advantage
plans and much more. Bring
a pen and paper to take
notes.



Misty's MINUTES

Sun, Seed & Soil: Imagine this – the
taste of a homegrown, ripe tomato
on a bologna sandwich, the crunch of
fried zucchini, or the aroma of fresh
green beans. Mouthwatering, isn't
it? This and more can be yours each
week this summer at the Community
Garden. There are a lot of opportunities
for you to get involved and reap the
harvest. The garden has moved to the
TTU Shipley Farm, where it's super
easy to get to and offers shelter and
restrooms. Several HRS residents have
worked at the garden over the past
two years. It's all free, and supplies are
furnished. For more information on
days and times to work at the garden,
or for transportation to the garden, call
Misty at (931) 526-9793, ext. 224.



Residents Peter and Sarah check out the
Community Garden with Ellen of Sun, Seed
and Soil.

Celebrate Recovery is a Christ-centered
ministry at Collegieside Church of Christ, located
at 252 East 9th Street in Cookeville. The ministry
strives to help people move beyond their hurts,
habits and hang-ups. All are welcome, and one
does not have to be a member at Collegieside in
order to attend. This is a great resource to help
you get started on the road to recovery. Past
meetings have had as many as 140 in attendance.
MEETING TIMES ARE:

Every Tuesday is open share night.

DINNER: 6 p.m. (free for newcomers; \$2 for
all others)

MEETING: 7 p.m. (praise and worship; a lesson
or testimony)

OPEN SHARE: 8 p.m. (gender specific)

Step Studies (a Christ-Centered 12-step program):

LADIES: Every Wednesday – 6-7:30 p.m.
Every Thursday – 6:30-8 p.m.

MEN: Every Wednesday – 6:30-8 p.m.
Every Thursday – 6:30-8 p.m.

Celebrate Recovery's Statement of Safety:
ANONYMITY AND CONFIDENTIALITY are
basic requirements of Celebrate Recovery. As
we trust in Jesus Christ to love the real us, we
can begin to take off our "masks" that we use
to protect ourselves. For this to happen, these
meetings must be in a safe place. Anything or
anyone that you see in Celebrate Recovery stays
there and is not shared outside each group.
For more information, contact: Steve
Garrett, ministry leader, at (931) 260-3202 or
stevegarrett@hotmail.com, or visit our website
at www.collegieside.org/cr.



YOUTH NEWS WITH SHAQUAWANA

The **Summer Lunch Program** is back again this year! The first day is Tuesday, May 30, and the program will continue Monday through Friday of each week from 10 a.m. – 1 p.m. and end on July 28 (closed July 4). Any Putnam County child age 4-17 is welcome to come to the TNT Center, located at the 706 Pine Avenue Police Substation. Free lunches and activities are provided each day.



Summer lunches
begin May 30

C.J. Gerndt, our AmeriCorps volunteer, will be there daily beginning at 10 a.m. Numerous area churches and community organizations will provide fun activities and fellowship programs to the kids. Lunch is served from 12-1 p.m. You do not have to be a HRS resident, and you do not have to attend every day. If you have questions, please call Kathy at (931) 526-9793, ext. 212, ext. 212.

TNT Youth are having a great time at the after-school program. With the help of Ellen from Sun, Seed & Soil, they recently planted flowers, fruit bushes and vegetables in front of the TNT building. The youth plan to eat what they grow during the after-school and summer programs.

TNT, designed for youth in grades 5-12 who live in or around HRS in Cookeville, provides something for all teens. We have computers, tutors, games, outdoor equipment, musical instruments, science fun and so much more. TNT also prepares youth for future employment or higher education. To be part of TNT, young people complete an application and an interview and follow program guidelines. If you would like more information about this or any of our youth programs, please call Shaquawana at (931) 526-9793, ext. 213, or email swester@highlandsrs.com.

Lighthouse Christian Camp in Smithville is once again offering free camps for kid's ages 9-11. Applications are available now at the HRS main office. Transportation is provided. Dates are:
June 12-16: Jackson County girls
June 26-30: Putnam County girls
July 10-14: Putnam County boys
July 17-21: Jackson County boys

tnt TEENS NEED TRAINING WISH LIST

- Sunscreen and beach towels
- Disposable plates, cups, napkins, spoons, forks
- Packaged snack items
- Hand sanitizer
- Bottled water

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER



HRS Smoking Policy takes effect for West 6th, 7th and 8th streets, Cypress Street and the remainder of Pine Street, all of Walnut Village and Willow Heights on July 1, 2017. Boatman and Darwin and all of Gainesboro will take effect Sept. 1, 2017. At that time, all HRS homes will be under the smoke-free policy. The policy is already in effect for the following developments:

- All of Monterey – Nov. 1, 2016
- All of Baxter & Celina – Jan. 1, 2017
- All of Algood and the 10(2) area of West 5th St. & Pine Ave. – March 1, 2017
- Buffalo Valley Road and Coffelt Street, Willow Valley Court (public housing homes) and Newman Street – May 1, 2017

A copy of the smoke-free policy has been mailed to all residents. Additional copies are available in the HRS main office lobby.

Resident Spotlight - continued from page 1

Kayla is an inspiration to us all with these words of wisdom from one so young: "Maybe you are in a situation where you can't find someone to help. I thought I was, too. In China, I struggled a lot with feeling like I shouldn't be here, that I didn't deserve this or that I'd fail. I think with a poor background we have a mentality that the world is against us. I'm here to tell you it's not. If I can do it, I know anyone else can, too. All it takes is prayers and determination. Never give up; there are results to the things you invest in, good or bad. Invest in the good, and the good will come back to you." We wish Kayla much continued success!

JOBS4TN Online is a new way of searching for thousands of jobs listed across the state by major Tennessee employers. You can search online for jobs by keyword, employer, education, skills, salary, location and most recently posted. The system will send you daily notifications of jobs matching your qualifications. You can create a resume and search for information on training, in-demand occupations and salaries. Simply type in <https://www.jobs4tn.gov>.

 **MAY 2017**

S	M	T	W	T	F	S
	1  TNT: After-School Program RENT DUE!	2 KIDS Matter Reading Program	3  TNT: After-School Program	4 WALNUT VILLAGE RENT COLLECTION	5 Community Garden 9 a.m.	6
7	8  TNT: After-School Program WILLOW HEIGHTS RENT COLLECTION	9 Team Resident Council 10 a.m. - 12 p.m. KIDS Matter Reading Program	10  TNT: After-School Program PEST CONTROL TREATMENT DAY	11 LATE FEES ADDED	12 Community Garden 9 a.m.	13 Dream Sweep Yard Sale 7:30 a.m. - 4 p.m. at Putnam Co. Fairgrounds
14 	15  TNT: After-School Program NON-PAY EVICTION NOTICES GO OUT	16 KIDS Matter Reading Program - last day before summer	17  TNT: After-School Program - last day before summer	18 Walnut Village/ Willow Heights 1 p.m. - 3 p.m. Board Meeting	19 Community Garden 9 a.m.	20
21	22	23 Welcome to Medicare Class 12 p.m. - 2:30 p.m.	24	25	26 Community Garden 9 a.m.	27
28	29  MEMORIAL DAY Office Closed	30 Summer Lunch Program 1st day 10 a.m. - 1 p.m.	31 Summer Lunch Program 10 a.m. - 1 p.m. LAST DAY TO CALL IN FOR PEST CONTROL			
30						



MAIL
P.O. Box 400

OFFICE
235 W. Jackson St.
Cookeville, TN 38503

PHONE
931.526.9793

EMERGENCY
931.260.6080

»»» The office is closed for lunch from 12-1 p.m.

 **DOWNLOAD IT**
To download a digital version of our calendar, please visit HighlandsRS.com.



POLICY REMINDERS



The HRS Smoking Policy began taking effect for certain developments on Nov. 1, 2016. A copy of the Smoke-Free Policy was mailed to all residents. A copy is also available in the HRS main office lobby.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

