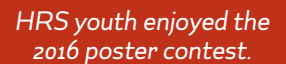




HIGHLANDSRS.COM

MARCH / 2017

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COMMUNITY GARDEN is ready to restart; join in the planting
T.E.A.M. RESIDENT COUNCIL will celebrate St. Patrick's Day - wear your green

This is the ninth year for our "What Home Means to Me" poster contest, which will be held during school spring break. We hope to see some familiar and new faces, so KIDS, please bring your neighbor and join in on the fun for a chance to win prizes at the local, county, state and national levels. In 2012, former HRS resident Kayla Padgett was the grand national prize winner with her poster. She won an all-expenses-paid trip to Washington, D.C., a savings bond and cash! You, too, could win!! The contest is open to all public housing youth in grades K-12. You must be present and work on your poster at the local contest (see times and sites below) to receive a cash prize. Participants must make their own posters. A complete list of rules is available in the main office lobby.

(Schedules are subject to change if dates for school spring break change.)

Melinda's MEMOS



If you live on Buffalo Valley, Coffelt, New-man or Willow Valley Court

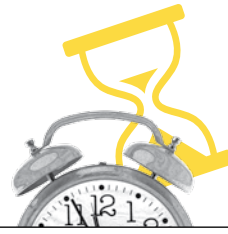
and missed your recertification, please contact me at (931) 526-9793, ext. 220, as soon as possible to reschedule.

Kathy's CORNER



If you or someone you know would be interested in our summer AmeriCorps

Youth Program Assistant position, please call me at (931) 526-9793, ext. 212. The position will begin the end of May and last for 10 weeks, 30 hours per week. AmeriCorps provides a living allowance and money for education while not affecting any current benefits.



TIMELY TIDBITS

Mowing will start soon. Please keep children and pets away from the mowers and move any items in the yard, including garden hoses, out of the path of the mowers.

Daylight Savings Time is Sunday, March 12. "Spring" clocks ahead 1 hour.



RESIDENT COUNCIL T.E.A.M.
TOGETHER EVERYONE CAN ACCOMPLISH MORE

T.E.A.M. RESIDENT COUNCIL

Just in time for St. Patrick's Day, we will be seeing green on Tuesday, March 14, from 10 a.m. - 12 p.m. Ellen Wolfe of Sun, Seed and Soil community garden will get us started by planting some green vegetable seedlings and talking about community gardening. Afterwards, we'll enjoy lunch and the Bountiful Bread distribution. The meeting will be held at the main office community room, 235 West Jackson Street, so put on your green and come on out. In the event of bad weather, the meeting will be postponed to Tuesday, March 21. Need transportation? Call Misty at (931) 526-9793, ext. 224, regarding availability.

We're having a great time at the council meetings, and we hope you will join us.



Resident Council enjoyed the Valentine's Day Social last month



Misty's MINUTES

RAM Clinic Mark your calendars for the Remote Area Medical Clinic on March 18-19 at Cookeville High School. First come, first served for free dental, vision or general medical care. No insurance or ID required. Entry numbers will be given out beginning at 3 a.m., with doors opening at 6 a.m. Details will be shared on our Highlands Residential Services Facebook page as they become available.

The garden is conveniently located near Cookeville. Many residents have gotten in on this opportunity - which is simple, you work in the garden and you reap the harvest! There is no cost to you and supplies are furnished. For more information on days and times to work at the garden or transportation, call Misty at 526-9793 Ext. 224.

"Stepping On" Falls Prevention

Program Would you like to know more about preventing a fall? Falling is never good for anyone but can be especially damaging for an older person. The Putnam County Senior Citizens Center at 186 South Walnut Avenue, Cookeville, is offering a free class for anyone beginning April 6 (pre-registration day) from 1:30-3:30 p.m. every Thursday for six weeks. If you need more information, call the senior center at (931) 526-9318.

Are you in need of area resources? A listing of area resources is available in the HRS main office lobby. It contains information on food and clothing banks, utility or rental assistance, and much more. If you have specific questions or needs, call Misty at (931) 526-9793, ext. 224.

2016 spring planting at the community garden



Sun, Seed & Soil: It's already time to start on this year's Community Garden! The Community Garden will begin in March and will be every Friday morning through the growing season. We will be planting spring greens, cabbage, broccoli and onions and prepping the garden for summer veggies.

Walnut Village/Willow Heights residents will meet on Thursday, March 16, from 2-4 p.m. at the Walnut Village manager's office #R-5. Just in time for St. Patrick's Day we'll also be going green. Ellen Wolfe of Sun, Seed and Soil community garden will get us started by planting some green vegetable seedlings and talking about community gardening. We'll have refreshments, and, if you choose, you can wear your green! In the event of bad weather, the program will be cancelled.



YOUTH NEWS WITH SHAQUAWANA

Upcoming events: Area-wide Easter egg hunt for HRS children ages 0-11 will be on Good Friday, April 14. We'll have Easter candy and some great prize baskets.

Our summer lunch program will return at 706 Pine Avenue. More details closer to time.

Would you or your child like to know more about Teens Need Training or KIDS Matter? Then call me at (931) 526-9793, ext. 213, or "like" us on Facebook at Teens Need Training and our main office page, Highlands Residential Services, or see us on the web at www.highlandsrs.com.

Last month, our TNT kids were able to attend a TTU men's basketball game along with other TNT kids from Crossville Housing Authority. Thanks to donors and sponsors for providing the teens with a pizza dinner, game tickets, popcorn and soda.

Mid Cumberland Youth CAN (TNT) The Youth CAN program provides eligible youth ages 16-24 that are out of school with the financial and educational help they need to receive a high school diploma or equivalent, GED, postsecondary diploma or other qualified credential. The program prepares youth for employment, occupational and education opportunities. For more information in your county, please contact Megan Kelly at (931) 239-8147, email mkelly@mchra.com, or visit www.mchra.com/youth-can.



TNT member Alexis with Awesome Eagle

tnt TEENS NEED TRAINING WISH LIST

- Packaged snack items
- Individually wrapped Easter candy or treats
- Disposable plates, cups, napkins, spoons, forks
- Hand sanitizer
- Bottled water

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER

Disposing of large items:

A large item is anything that does not fit in your regular trash. Do not place large items on the curb until the day of pickup.

- Cookeville picks up large items the first and third Tuesdays of each month. Call (931) 520-5201 in advance to schedule a pick-up.
- Monterey requests that you put large items for pick-up out with your regular garbage.
- Baxter requests that you put large items for pick-up out with your regular garbage.
- Algood requests that you call City Hall in advance (537-9545) and make a work order for large items to be picked up.
- Celina asks that you call City Hall in advance (243-2115) to see if they can pick up your large item.

Please call your local city for pick-up first. If they cannot pick up, then call the HRS main office, (931) 526-9793, in advance to schedule a pick-up.



HRS Smoking Policy takes effect for the following developments as of March 1, 2017:

- All of Algood and the 10(2) area of West 5th Street & Pine Avenue

The policy has already taken effect for the following:

- All of Baxter – Jan. 1, 2017
- All of Celina – Jan. 1, 2017
- All of Monterey – Nov. 1, 2016

A copy of the Smoke Free Policy has been mailed to all residents. A copy is also available in the HRS main office lobby.

Did you know? The Tennessee state sales tax on one pack of cigarettes is 62 cents? Just one pack a day equals \$226.30 per year, just for the tax alone.

Smart Steps is a child-care payment assistance program designed to help working parents and others pursuing degrees in higher education by providing access to affordable, quality child care. There is a copay involved, but everyone's situation is different, so you are encouraged to call and get answers suitable for your needs. For more information, contact your county DHS office, call (615) 313-3893, or check out www.tn.gov/humanservices/topic/child-care-services.

 **MARCH 2017**

S	M	T	W	T	F	S
			1 RENT DUE!  TNT: After-School Program	2	3 WALNUT VILLAGE RENT COLLECTION	4
5	6  TNT: After-School Program	7 KIDS Matter Reading Program	8 WILLOW HEIGHTS RENT COLLECTION  TNT: After-School Program PEST CONTROL TREATMENT DAY	9	10	11
12 DAYLIGHT SAVINGS TIME BEGINS Spring clocks forward 1 hour	13 Poster Contest - Monterey 11 a.m. - 1 p.m. LATE FEES ADDED	14 Poster Contest - Baxter 11 a.m. - 1 p.m. Team Resident Council 10 a.m. - 12 p.m.	15 Poster Contest - Boatman/Darwin 11 a.m. - 1 p.m. NON-PAY EVICTION NOTICES GO OUT	16 Poster Contest - Pine Ave 11 a.m. - 1 p.m. Walnut Village/ Willow Heights 1 p.m. - 3 p.m. Board Meeting	17 RAM CLINIC  ST. PATRICK'S DAY	18 RAM CLINIC
19	20  TNT: After-School Program	21 KIDS Matter Reading Program	22  TNT: After-School Program	23	24	25
26	27  TNT: After-School Program	28 KIDS Matter Reading Program	29  TNT: After-School Program	30 Poster Contest - Celina 11 a.m. - 1 p.m.	31 LAST DAY TO CALL IN FOR PEST CONTROL	 MARK IT: Poster Contest - Gainesboro April 13 11 a.m. - 1 p.m.



MAIL

P.O. Box 400

OFFICE

235 W. Jackson St.
Cookeville, TN 38503

PHONE

931.526.9793

EMERGENCY

931.260.6080

»»» The office is closed for lunch from 12-1 p.m.



DOWNLOAD IT

To download a digital version of our calendar, please visit HighlandsRS.com.



iCal



Google

POLICY REMINDERS



The HRS Smoking Policy began taking effect for certain developments on Nov. 1, 2016. A copy of the Smoke-Free Policy was mailed to all residents. A copy is also available in the HRS main office lobby.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

