



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSR.S.COM

NOVEMBER/2016



HRS staff and AmeriCorps volunteers learn about the SNAP Employment & Training program from Joylene Harris. Details inside.

INSIDE THIS ISSUE



SNAP employment through work-related education & training activities now available
RESIDENT COUNCIL hosts "Healthy Holiday Eating" program and luncheon
SANTA'S WORKSHOP shopping, caroling and visits from Santa and Mrs. Claus.

HOMEBUYER'S CLASS

Quite often it seems that owning your own home is out of reach or will never happen. But it can! Make plans now to attend our free and open-to-the-public homebuyer's class on Thursday, Nov. 3, from 5-8 p.m. in the HRS main office community room at 235 W. Jackson St. Learn how to select a home and about the loan process, getting your credit in order, and financial management for a home. Dinner is provided. Call Kathy at (931) 526-9793, ext. 212, to reserve your seat. This no-obligation class is a community outreach program sponsored by US Bank and Highlands Residential Services.



A UNITED WAY JOB FAIR

will be held Wednesday, Nov. 9, at the HRS main office community room, 235 W. Jackson St., from 9 a.m.-11 p.m. and at the HRS Baxter Community room, 318 Alexander St., from 1-3 p.m. The job fair is open to the public and will have some awesome potential employers, such as the Amazon Distribution Center, located in Lebanon, TN, which is hiring, especially seasonal help. They have great pay and benefits, and if there are enough workers from this area, they may provide access for round-trip transportation. Come looking your best to complete applications and possibly interviews!

Remember to "like us"  on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.

Melinda's MEMOS



If you live in Monterey and missed your recertification, please contact me as soon as possible at (931) 526-9793, ext. 220, to reschedule your interview.

Kathy's CORNER



If you receive Social Security or SSI, you should receive proof of your income in the mail soon. Please keep your papers where you can find them. This is needed for many things in 2017, such as proof of income for rent, DHS benefits, energy assistance, etc.



TIMELY TIDBITS

The main office will be closed Friday, Nov. 11, in observance of Veteran's Day, and on Thanksgiving Day, Nov. 24. Don't forget Daylight Savings Time, Nov. 6. Clocks "fall" backward one hour.



T.E.A.M. RESIDENT COUNCIL

will meet Tuesday, Nov. 8, from 10 a.m.-12 p.m. at the main office community room, 235 West Jackson St. Pam and Lora from Cookeville Regional Medical Diabetes Center will present a program on "Healthy Holiday Eating." The council also wishes to extend a special invitation to all veterans who live with HRS to attend and be recognized at the meeting. A Thanksgiving lunch will be served, and there will be a Bountiful Bread distribution. All residents are welcome to come. Need transportation? Call Misty at (931) 526-9793, ext. 224, regarding availability.

VETERAN'S DAY

Local veteran organizations are hosting a Veteran's Day parade on Friday, Nov. 11. The parade starts at 11 a.m. beginning at the Putnam County courthouse on East Spring/East Broad streets and ending at the Veteran's Memorial Building. Veteran's Memorial Building located at 90 East Spring Street will host an open house from 10 a.m. - 1 p.m. All veterans are encouraged to walk in the parade and invited to the open house.

Misty's MINUTES



SNAP Employment & Training

The Supplemental Nutrition Assistance Program Employment & Training

prepares SNAP (formerly "food stamps") recipients for employment through work-related education and training activities at various schools and locations in the area. The program can help you pay for and obtain certifications or training for in-demand jobs. For more information, call Joy Harris at (931) 520-9533 or go to the TN Dept. of Labor & Workforce Development website, <https://www.tn.gov/workforce>. Brochures are also available in the HRS main office lobby.

Walnut Village and Willow Heights residents will meet on Thursday, Nov. 17, from 1-3 p.m. at the Walnut Village manager's office, 201 S. Walnut Ave., # R-5. Janie Pedigo from Wilson Bank & Trust has designed an awesome program on "Physical and Fiscal Fitness" that you will not want to miss! Get out of the house! Meet your neighbors! Make some new friends! All while enjoying a Thanksgiving meal together.

We are seeking donations of non-perishable food items to use during the holidays. Donations can be dropped off at the HRS main office, 235 W. Jackson, or call Misty at (931) 526-9793, ext. 224.

Recently HRS received a limited number of clean, used chests of drawers. If you are in need of something to store clothing in, please call Misty. Limit one per person with no current clothing storage drawers.

Resident Council officer elections were held recently. David Palmer was re-elected at vice president, and Cindy Babineau was re-elected treasurer. Council officers pictured here are seated L-R: Lisa Moody and Carrie Webb, alternates; standing: Robert Harshaw, historian; William M. Thurman, president; Cindy Babineau, treasurer; David Palmer, vice president; and Kara Cannady, secretary. Your council works very hard for their fellow residents; please show your support and thank them.





YOUTH NEWS WITH SHAQUAWANA

Fall Break Fun! Fall break was loads of great fun! Our Fall Funday was enjoyed by HRS youth. At the event, they could do arts and crafts, play games, eat lunch and have a fun, safe place to go that day.

Our TNT youth spent one day visiting Amazin' Acres — getting lost in the corn maze, picking pumpkins to take home, enjoying hay rides, and more. The afternoon was spent having a picnic and hike to Burgess Falls. A great time was had by all!

Toys for Tots and Holiday Donations It's that time of year to be thinking of Christmas. Putnam County Toys for Tots signups will be held on Saturday, Nov. 12, from 10 a.m.-4 p.m. at the Cookeville Police Department. However, if your child has already completed the same application through school or HRS, you will only need to apply one time.

If you live in Jackson or Clay counties, check with your local school system or Head Start program for up-to-date information on Christmas assistance, as official information has not been received yet.

We are also accepting donations for Christmas for our TNT and KIDS Matter programs. Suggested items are new chapter books for teens, puzzle books, nail or hair products for girls, all kids of balls, adult or youth coloring books, felt-tip markers or crayons, and wrapping paper. Any donations can be dropped off at the HRS main office, 235 West Jackson St., or you may call me at (931) 526-9793, ext. 213.



Gainesboro youth at Fall Funday



TEENS NEED
TRAINING

WISH LIST

- Packaged snack items
- Hand sanitizer
- Empty cleaning supply or spray bottles
- New kids' toys, games, books
- Christmas wrapping paper

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER

Here's a riddle for you: Name something you can quit but you are actually the one who wins.

You are the winner when you quit tobacco! The Great American Smokeout takes place on Nov. 17. The event challenges people to stop smoking cigarettes for 24 hours, hoping their decision not to smoke for just one day will last forever. Everyone is welcome to participate in our free Don't Quit, Just Come tobacco cessation classes. The class is called this because quitting tobacco is a process that we can help you learn. November classes are Tuesdays, the 8th and 22nd, from 2-3 p.m. at the HRS Main Office, 235 W. Jackson St. With HRS' new smoking policy, now is a great time to get motivated to quit! For more information, call Kathy at (931) 526-9793, ext. 212.

Santa's Workshop

You will not want to miss the Cookeville Junior Woman's Club's annual Santa's Workshop on Nov. 18-20 at the Hyder Burks Pavilion, 2390 Gainesboro Grade, Cookeville. Admission is \$3 per person, with children 12 and under admitted for free. There will be over 160 vendors with items to sell, as well as Christmas caroling and visits from Santa and Mrs. Claus. Proceeds go to support several area non-profits, including our KIDS Matter reading program. The sights, smells and sounds are just awesome and perfect for the holiday season! Visit the Cookeville Junior Woman's Club online at <http://www.cookevillejwc.org/SantaWorkshop/Welcome.html> or Santa's Workshop on Facebook to learn more.



Thanksgiving Meal

The Cookeville Rescue Mission will serve hot lunches on Thanksgiving Day at the mission, 1331 S. Jefferson Ave., Cookeville. Everyone is welcome. They also plan to deliver lunches between 11:30 a.m. and 12:30 p.m. to Cookeville city residents who are disabled or homebound. Please call Kevin at (931) 528-5819 with your name, address and phone number to inquire about meal delivery or for more information.



 **NOVEMBER 2016**

S	M	T	W	T	F	S
3 MARK IT: 11/3 Homebuyers Class at HRS Main Office, Thursday, Nov. 3, 5pm-8pm 		1 RENT DUE! KIDS Matter Reading Program	2  TNT: After-School Program	3 Homebuyers Class 5 p.m.-8 p.m.	4 WALNUT VILLAGE RENT DUE	5
6 DAYLIGHT SAVINGS "FALL BACK"	7  TNT: After-School Program WILLOW HEIGHTS RENT DUE TOMORROW	8 ELECTION DAY GO VOTE! Team Resident Council 10 a.m.-12 p.m. KIDS Matter Tobacco Cessation Class: 2 p.m.-3 p.m.	9 Amazon Job Fair Fall Funday 9 a.m.-11 a.m. & 1 p.m.-3 p.m.  TNT: After-School Program	10	11 VETERANS DAY & PARADE OFFICE CLOSED LATE FEES ADDED	12
13	14  TNT: After-School Program	15 KIDS Matter Reading Program NON-PAY EVICTION NOTICES GO OUT	16 PEST CONTROL TREATMENT DAY  TNT: After-School Program	17 Walnut Village/ Willow Heights 1 p.m.-3 p.m. Board Meeting	18  Santa's Workshop this weekend	19 New Beginning Fellowship Church Food Pantry 9 a.m.-11 a.m.
20	21  TNT: After-School Program	22 Tobacco Cessation Class: 2 p.m.-3 p.m. KIDS Matter Reading Program	23	24  THANKSGIVING DAY OFFICE CLOSED	25	26
27	28  TNT: After-School Program	29 KIDS Matter Reading Program	30  TNT: After-School Program LAST DAY TO CALL IN FOR PEST CONTROL	8 MARK IT: 11/8 Presidential Election Day is Tuesday, Nov. 8 		



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»»» The office is closed for lunch from 12-1 p.m.

 **DOWNLOAD IT**
To download a
digital version of our
calendar, please visit
HighlandsRS.com.



iCal



Google

POLICY REMINDERS



The HRS Smoking Policy began taking effect for certain developments on Nov. 1, 2016. A copy of the Smoke-Free Policy was mailed to all residents. A copy is also available in the HRS main office lobby.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

