



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSRS.COM

SEPTEMBER/2016



*Jenny Partin tells HRS residents
Eddie & Carrie about TN Reconnect*

INSIDE THIS ISSUE



TN RECONNECT assists earning a certificate or diploma in a specialized skill
LIHEAP applications for winter energy assistance are now available
KIDS MATTER after-school program still has availability for grades K-4

TN RECONNECT

Did you know that in the Upper Cumberland, only 22 percent of the adult population has any education or training beyond high school? In addition, there are 34,000 adults in the Upper Cumberland who have some college, but did not finish a degree. There are not enough qualified candidates to fill many of the workforce needs of area business and industry today.

Are you unemployed or "under"-employed because of a lack of education or training? Do you want to make a higher income? If you are an adult between the ages of 25 and 64, you are eligible for TN Reconnect. This program can help you take the next step toward earning a certificate or degree to lead to gainful employment, a brighter future and provide for your family. The Upper Cumberland Reconnect Community (which includes Putnam, Jackson and Clay counties) can help you with advice, guidance and assistance to find the education program that is right for you with an emphasis on jobs available in our area. Locally, you can attend a Tennessee College of Applied Technology and earn a certificate or diploma in a specialized skill, and the tuition is FREE for most adults. They will walk you through enrollment, career pathways and financial aid. You will learn WHERE to go, WHO to see and WHAT to do next.

Working together, we can not only help you get "Reconnected," but we will also be helping build a well-trained workforce to improve unemployment and the future of persons living right here in the Upper Cumberland.

Start now! Become a Graduate. Become a Hero. Connect with us TODAY at www.ucreconnect.com or call (931) 526-2211.

QUAWANA'S COATS will be held on Make a Difference Day, Saturday, Oct. 22. We are in need of donated clean, gently used coats or jackets, hats, scarves and gloves; hygiene items; and non-perishable food.

Misty Parker, AmeriCorps Adult Programs Coordinator, will host a homeless awareness program. Items needed are hotel-, travel- or trial-size hygiene items such as soap, shampoo, toothpaste, toothbrush, lotion, razors, deodorant, lip balm, gallon-size plastic zip bags, tissues, toilet paper, socks, and snack items.

Items may be dropped off at the HRS main office, 235 West Jackson Street, Cookeville, Monday-Thursday, 8:30 a.m.-4:30 p.m. (closed for lunch 12-1 p.m.).

Are you interested in being a drop-off location or hosting a drive at your place of business, place of worship, club or group? If so, call the following:

- For more information about Quawana's Coats, call Shaquawana at (931) 526-9793, ext. 213; email swester@highlandsrs.com; or check out Facebook events "Quawana's Coats 2016" for more dropoff locations.
- For more information about the Homeless Awareness program, contact Misty at ext. 224 or email mparker@highlandsrs.com.

Melinda's MEMOS



It is time for annual recertification in Monterey. You should receive

a letter notifying you of your appointment date and time. If you have any questions, contact me at (931) 526-9793, ext. 220.

Kathy's CORNER



Our Resident Services Dept. recently received an Award of

Merit from the National Association of Housing & Redevelopment for our KIDS Matter after-school reading program. Mark your calendars for Senior Expo on Thursday, Oct. 20.



TIMELY TIDBITS

Up-to-date weekly job listings are placed in the HRS main office lobby every Monday morning. The main office will be closed Monday, Sept. 5, for Labor Day and on Friday, Sept. 30, for year-end accounting.



RESIDENT COUNCIL T.E.A.M.
TOGETHER EVERYONE CAN ACCOMPLISH MORE

T.E.A.M. RESIDENT COUNCIL

T.E.A.M. Resident Council is sponsoring a Lunch & Learn program this month on Tuesday, Sept. 13, from 10-11 a.m. at the HRS main office community room, 235 West Jackson Street. AmeriCorps volunteer CJ Gerndt will be demonstrating how to make your own cleaning supplies. If you wish, you may bring your own spray bottle (empty, used ones work great), but some will also be available to make your own bottle of cleaner. We have some "recipes" to help you get started making inexpensive, yet very effective, household cleaners.

The council planning meeting will be from 11 a.m.-12 p.m. All residents are welcome to come, have a taco salad lunch and take home some deli-fresh bread items as part of the Bountiful Bread distribution.

Election time: Voting for the following nominated officers will be held at the Sept. 13 meeting at 11 a.m.

Vice-president: Carrie Webb,
David Palmer: Lisa Moody
Treasurer: Cindy Babineau

Just a reminder: The council now has an email address: HRScountcil15@gmail.com. Please email us if you have any questions or suggestions, and don't forget the resident council suggestion box in the main office lobby.

Don't Quit, Just Come free tobacco cessation classes will be held Sept. 13 and 27 from 2-3 p.m. at the HRS Main Office, 235 West Jackson Street. Remember, each class stands alone, so you can attend one time or come on a regular basis. Plus, there's no joining, commitments or expectations. Our instructor, Randy Todd, has been teaching Quit 4 Life classes for over 20 years and has great information to help you. With HRS' new smoking policy, now is a great time to get motivated to quit!

Misty's MINUTES



LIHEAP - Low Income Home Energy Assistance Program (LIHEAP) applications for winter energy assistance are now

available at your local UCHRA office or at the HRS main office lobby. If you need help completing your application, please call me. I will also be at the following HRS locations near you and can help you complete the application.



AmeriCorps volunteer Misty helps Margaret complete a LIHEAP application

- Algood Gazebo, Lane Drive: Wednesday, Sept. 1, 9 a.m.-12 p.m.
- Boatman/Darwin, old manager's office Boatman Street: Wednesday, Sept. 14, 9 a.m.-12 p.m. and 1 p.m.-3 p.m.
- Pine, Cypress, 5, 6, 7, 8th Streets, Pine Avenue police substation: Tuesday, Sept. 20, 9 a.m.-12 p.m. and 1 p.m.-3 p.m.

- Buffalo Valley/ Coffelt Gazebo: Wednesday, Sept. 21, 9 a.m.-12 p.m.
 - Willow Valley/ Newman at Willow Valley Court manager's office: Friday, Sept. 23, 8:30 a.m.-12 p.m.
 - Celina, Soil Conservation office, 301 Green Street: Monday, Sept. 26, 9 a.m.-12 p.m. and 1 p.m.-3 p.m.
 - Baxter Community Room: Tuesday, Sept. 27, 9 a.m.-12 p.m. and 1 p.m.-3 p.m.
 - Gainesboro, old manager's office, 509 N. Murray Street: Wednesday, Sept. 28, 9 a.m.-12 p.m. and Community Room, 106 Maple Street: 1-3 p.m.
 - Monterey Community Room, 819 Jackson Street: Thursday, Sept. 29, 9 a.m.-12 p.m. and 1 p.m.-3 p.m.
- Please bring with you:
- A CURRENT and a 12-month printout of your electric bill or gas bill.
 - If your entire household receives food stamps and is on the same open case, UCHRA can get your income documentation and Social Security numbers for you.
 - If you or someone on your lease does not receive food stamps, then you will need to bring Social Security cards and proof of income, such as check stubs or SS award letters.

Walnut Village & Willow Heights residents will meet Thursday, Sept. 15, from 2-4 p.m. in the Walnut Village Manager's Office #R-5. AmeriCorps volunteer CJ Gerndt will be demonstrating how to make your own cleaning supplies. If you wish, you may bring your own spray bottle (empty, used ones work great), but some will also be available to make your own bottle of cleaner. We have some "recipes" to help you get started making inexpensive, yet very effective, household cleaners. Refreshments are provided, but feel free to bring your favorite snack.

GED classes continue at the UCHRA Career Center, and you can enroll at any time. For more information or to get started, call the Putnam County Adult Learning Center at (931) 528-8685. Remember...It's FREE.



YOUTH NEWS WITH SHAQUAWANA

Teens Need Training serves 22 youth in grades 5-12 after school on Mondays and Wednesdays. In addition to homework help, tutoring and computer lab, we've added some great, fun things. We now have a game room with popcorn and cotton candy machines and some really cool fun learning electronics. During fall break, we'll be taking a trip and doing a community volunteer project!

We are very grateful to the numerous individuals, clubs, businesses, groups, foundations and churches who provide volunteer and financial support for these programs.

Fall FunDay Hey parents and kids! Be watching your October newsletter for dates and times of our annual Fall FunDay event coming to your location. We'll have games, crafts, art projects, lunch and lots of fun!

KIDS Matter There are still a few slots at our KIDS Matter after-school reading program for HRS youth in grades K-4 who live in Cookeville. They meet on Tuesdays in the TNT Center of the Pine Avenue Police Substation. Kids have a super snack and guest readers from WCTE, the public library and several others. We have over 500 books to choose from to check out and read at home. There are also fun games and crafts along with the popcorn and cotton candy machines! The first day back, the kids enjoyed a reading and video of the classic "Green Eggs and Ham." If you would like more information about any of our youth programs, please call me at 526-9793, ext. 213, or see our Facebook pages at Teens Need Training and Highlands Residential Services.



Sylvia and Breanna enjoyed eating green eggs and ham

tnt TEENS NEED TRAINING WISH LIST

- Clean plastic shopping bags
- Packaged snack items
- Hand sanitizer
- Individual bottles of water
- Empty cleaning supply or spray bottles
- Pots, pans, baking dishes

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER

Angel's Attic Fall Distribution at First United Methodist Church parking garage, 165 E. Broad Street, Cookeville, Saturday, Sept. 17, from 10 a.m.-1 p.m. offers free clothing, home goods, toys, Halloween costumes and refreshments.

New Beginning Fellowship Church Food Pantry at 775 West Cemetery Road, Cookeville, is open Saturday, Sept. 17, from 9 a.m.-11 p.m. Free and open to anyone, just bring a photo ID.

Area Agency on Aging and Disability:

Are you over 60 and would like to have a hot, delicious lunch with others? Please visit your local Senior Citizens Center for more information. Meals are free, but donations are accepted.

For questions or concerns about your Medicare Summary Notice the TN SMP (Senior Medicare Patrol) can help. Do you need non-medical, in-home care assistance, such as home delivered meals, assistance with house cleaning, bathing or other resource information? For help with any of the above, call 1-866-836-6678.

Do you have questions regarding your Medicare? For free

information, call the SHIP (State Health Insurance Assistance Program) at 1-877-801-0044.



Get out and Vote! It's your right and privilege as an American Citizen to vote. The presidential election is Tuesday, Nov. 8. Early voting will be Oct. 19-Nov. 3. You do have to be registered to vote, and the last day to do so is Oct. 11. If you are not registered, please do so today. It's simple. You must be a United States citizen AND be a resident of the county you are voting in AND be at least 18 years old by the election date AND have not been convicted of a felony, or, if you have, your full rights of citizenship must have been restored (or you must have received a pardon). To register and receive your voter card immediately, you must bring two documents showing your name and current address.

For registration information, you may visit:
Putnam County Election Commission
705 County Services Drive
Cookeville, TN 38501

Jackson County Election Office
1st Floor Courthouse at 101 East Hull Avenue
Gainesboro, Tennessee 38562

Clay County Election Office
145 Cordell Hull Drive in the Clay County Community Center
Celina, TN 38551

 **SEPTEMBER 2016**

S	M	T	W	T	F	S
				1 RENT DUE! LIHEAP Signups- Algood 9 a.m.-12 p.m.	2	3
4	5 HAPPY LABOR DAY OFFICE CLOSED	6 WALNUT VILLAGE RENT DUE KIDS Matter Reading Program	7  TNT: After-School Program	8 WILLOW HEIGHTS RENT DUE LATE FEES ADDED	9 Cookeville's Fall Fun Fest	10 Cookeville's Fall Fun Fest
11	12  TNT: After-School Program	13 Bountiful Bread & TEAM Council 10 a.m.-12 p.m. Tobacco Cessation Class: 2 p.m.-3 p.m. KIDS Matter Reading Program	14 LIHEAP Signups- Boatman/Darwin Streets 9 a.m.-12 p.m. & 1-3 p.m. TNT: After-School Program	15 Board Meeting Walnut Village Social 2 p.m.-4 p.m. NON-PAY EVICTION NOTICES GO OUT	16	17 New Beginning Fellowship Church Food Pantry 9 a.m.-11 a.m. Angel's Attic 10 a.m.-1 p.m.
18	19  TNT: After-School Program	20 LIHEAP Signups- Pine Ave Area 9 a.m.-12 p.m. & 1-3 p.m. KIDS Matter Reading Program	21 LIHEAP Signups- Buffalo Valley 9 a.m.-12 p.m.  TNT: After-School Program	22	23 LIHEAP Signups- Willow Valley 8:30 a.m.-12 p.m.	24
25	26 LIHEAP Signups-Celina 9 a.m.-12 p.m. & 1-3 p.m.  TNT: After-School Program	27 LIHEAP Signups-Baxter 9 a.m.-12 p.m. & 1-3 p.m. Tobacco Cessation Class: 2 p.m.-3 p.m. KIDS Matter Reading Program	28 LIHEAP Signups-Gainesboro 9 a.m.-12 p.m. & 1-3 p.m.  TNT: After-School Program	29 LIHEAP Signups-Monterey 9 a.m.-12 p.m. & 1-3 p.m. LAST DAY TO CALL IN FOR PEST CONTROL	30 YEAR-END ACCOUNTING - OFFICE CLOSED	



MAIL
P.O. Box 400

OFFICE
235 W. Jackson St.
Cookeville, TN 38503

PHONE
931.526.9793

EMERGENCY
931.260.6080

»»» The office is closed for lunch from 12-1 p.m.

DOWNLOAD IT

To download a
digital version of our
calendar, please visit
HighlandsRS.com.



iCal



Google

Please remember the HRS
fireworks policy: "Not to use
fireworks in any manner on HRS
property and/or premises." This is
any type of fireworks and includes
bottle rockets, firecrackers,
sparklers, poppers, etc.

**NO FIREWORKS AT
ANY TIME ON ANY HRS
PROPERTY BY ANYONE.**

