



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSRS.COM

MAY/2016



INSIDE THIS ISSUE



SOMETHING FOR EVERYONE THIS MONTH



THE COMMUNITY GARDEN



is alive and growing! HRS residents are encouraged to work at the Sun, Seed and Soil community garden, sponsored by Seed Fork of the Highlands, every Friday through the growing season. You help grow the food; you get to harvest and keep the food! Transportation is available beginning at 8 a.m., as it's best to work in the garden before the day gets too warm. Adaptive tools, shelter and support are provided. You may bring water, snacks and sunscreen and wear garden clothes/supportive shoes. To schedule a ride or for more information, call Sherrye at (931) 529-2427 or Ellen at (931) 261-2111.



HRS AmeriCorps volunteer Misty observes as Carol from the Adult Learning Center helps William complete his registration

GED CLASSES

GED classes are being held at the HRS Main Office community room, 235 West Jackson St., Cookeville, on Mondays & Wednesdays, 8:30 - 11:30 a.m. Classes are free and open to the public. Everything you need is provided. We already have 5 students enrolled and working on their GED. If you are currently living with HRS and working on your GED, but would rather attend class in the HRS community room, let us know. Jennifer Anderson is teaching the classes, and she is A-W-E-S-O-M-E! Call Misty today at (931) 526-9793 Ext. 224 for more information.

Melinda's MEMOS



It's recertification time for W. 6th, 7th, 8th, Pine and Cypress

streets. Be on the lookout for your appointment letter with the date and time and all required information to bring to your interview. Contact me with any questions at (931) 526-9793, ext. 220.

Kathy's CORNER



Remember to "like" us on our Facebook pages at Teens

Need Training and Highlands Residential Services to check out all the great things happening. For the latest information, be sure to read your newsletter each month.



TIMELY TIDBITS

The office will be closed on Monday, May 30, for Memorial Day. Don't forget Mom on Mother's Day, May 8. **Safety Tips** - Please keep children and pets away from the mowers, and move any items in the yard, including garden hoses, out of the path of the mowers. *Also, kiddie pools are not allowed.*



RESIDENT COUNCIL T.E.A.M.
TOGETHER EVERYONE CAN ACCOMPLISH MORE

T.E.A.M. RESIDENT COUNCIL

On Tuesday, May 10, from 10 a.m.-noon at the HRS main office community room, 235 West Jackson Street, T.E.A.M. Resident Council will host Ellen and Sherrye with Sun, Seed and Soil, who will present "Gardening at Home." They will have information on container gardening and the community garden. Plus, you will have the opportunity to plant some seedling cups to take home. Afterwards, everyone is welcome to stay for lunch and take home some deli-fresh bread items as part of the Bountiful Bread distribution.

The Resident Council planning meeting is Tuesday, May 17, from 10 a.m.-noon. On the agenda is planning for resident summer events.

The council now has an email address: HRSCouncil15@gmail.com. Please email us if you have any questions or suggestions.

Dream Sweep Yard Sale is back again this year, and the council will be participating. This massive, community-wide yard sale will be Saturday, May 7, from 7:30 a.m.-4 p.m. This is a great fundraiser for the council, which will be selling barbecue sandwiches, chips, sweet tea and cotton candy. Mark your calendars to go on the hunt for bargains and drop by the Highlands Resident Council T.E.A.M. booth for some awesome food!

Misty's MINUTES



Walnut Village Bingo Day will be Thursday, May 19, at 2 p.m. at the Walnut Village Manager's Office #R-5. We'll also

have some light refreshments and perhaps some surprises! All Walnut Village residents are welcome to join us.

Don't Quit, Just Come! Tobacco Cessation Classes. This month's group will meet on Tuesday, May 10 from 2 - 3 p.m. at the HRS Main Office, 235 West Jackson Street. Remember, each class stands alone, so you can attend one time or come on a regular basis. Plus, there's no joining, commitments or expectations. Our instructor, Randy Todd, has been teaching Quit 4 Life classes for over 20 years.

A Job Fair will be held at the UCHRA Career Center 580 South Jefferson east end parking lot (inside if rain) on Thursday, May 5, from 9 a.m.-2 p.m. Numerous employers will be on location, so bring your resume and dress for success. Come prepared to complete applications or have impromptu interviews. To help job seekers prepare, on Wednesday, May 4, the Goodwill Career Center located at 565 C South Jefferson will conduct "mock" job interviews.

Grief Share Support Group meets on Mondays is a way to receive help and encouragement after the loss of a spouse, child, family member or friend. Often, friends and family want to help you with your grief, but don't know how. Grief Share is led by caring people who understand and have been in the same place. The group meets on Mondays, 5:30-7:30 p.m., at the Magnolia House in the First United Methodist Church, 165 E. Broad Street, Cookeville and on Tuesdays from 9:30-11:30 a.m. at Dyer Funeral Home, 798 South Willow Avenue, Cookeville. For more information, call (931) 526-2177.



YOUTH NEWS WITH SHAQUAWANA

The **Summer Lunch program** is back again this year with expanded days! Any Putnam County child ages 3-17 are welcome to come to the TNT Center in the Police Substation at 706 Pine Avenue from 11 a.m.-1 p.m. for a free meal. The first day is Tuesday, May 31, and the program will continue Mondays through Fridays (closed July 4 through July 22).

C.J. Gerndt, our AmeriCorps volunteer, will be there daily, along with numerous area churches and community organizations that will provide fun activities and fellowship programs to the kids. Any questions, call Kathy at (931) 526-9793, ext. 212.



HRS AmeriCorps volunteer CJ will be welcoming youth to the summer lunch program

TNT Summer Day Camp begins Monday, June 6, and lasts for six weeks. Some of the awesome things TNT kids get to do during the summer day camp are swimming, movie day, hiking at local parks, learning culinary and life skills, as well as, learning community citizenship and job training. And we always have some fun surprises! With the help of numerous community donations and supporters, the day camp is free for

TNT members who have successfully completed the TNT after-school program. Please consider enrolling your teen (grades 5-12) in TNT when school resumes in July. Letters will be sent to parents, or you can call Shaquawana anytime at (931) 526-9793, ext. 213.



- **Packaged snack items**
- **Sunscreen**
- **Hand sanitizer**
- **Beach towels**
- **Individual bottles of water**
- **Cleaning supplies of all kinds**

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER

Free Summer Camp for kids ages 9-11. Lighthouse Christian Camp in Smithville is once again offering the following weeks of camps for kids. Transportation is provided. Applications are available at the HRS Main office.

June 13-17:	Jackson County girls
June 27-July 1:	Putnam County girls
July 11-15:	Putnam County boys
July 18-22:	Jackson County boys

Remember to "like us"  on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.

End of Summer Bash A Blue Ribbon Child Safety Event will be held on Friday, May 20, from 4:30-7 p.m. at Dogwood Park in Cookeville. The event is free and open to the public. There will be guest speakers, games, prizes, child safety information, treats for kids, music and dancing in the park. The City of Cookeville will have concessions for sale. Make plans now to come for the entire event.

House of Deliverance Church will be hosting a kids' outreach at HRS homes in Algood on May 7 and 21 at 2 p.m. They will have music, fellowship, games and puppet shows. All residents are welcome to attend.

Eat Healthy, Be Active. These free, monthly nutrition workshops are continuing at the Putnam County Health Dept., 701 County Services Dr., Cookeville. This month's class will be Wednesday, May 18, and you can choose either the 10:30 a.m. or the 2:30 p.m. class. Call Katie at the health department at (931) 528-2531, ext. 1046, today to register or for more information.

 **MAY 2016**

S	M	T	W	T	F	S
1 RENT DUE!	2 GED CLASS 8:30 a.m.-11:30 a.m.  TNT: After-School Program	3 KIDS Matter Reading Program	4 GED CLASS 8:30 a.m.-11:30 a.m. WALNUT VILLAGE: Rent Collection 10 a.m.-12 p.m.  TNT: After-School Program	5	6 Community Garden 8 a.m.	7 House of Deliverance, Algood Dream Sweep Yard Sale 7:30 a.m.-4 p.m.
8 	9 GED CLASS 8:30 a.m.-11:30 a.m. WILLOW HEIGHTS: Rent Collection 10 a.m.-11 a.m.  TNT: After-School Program	10 Bountiful Bread & TEAM Resident Council Meeting 10 a.m.-12 p.m. Tobacco Cessation Class: 2 p.m.-3 p.m. KIDS Matter Reading Program	11 GED CLASS 8:30 a.m.-11:30 a.m.  TNT: After-School Program LATE FEES ADDED	12	13 Community Garden 8 a.m.	14
15	16 GED CLASS 8:30 a.m.-11:30 a.m.  TNT: After-School Program NON-PAY EVICTION NOTICES GO OUT	17 TEAM Resident Council Planning Meeting 10 a.m.-12 p.m. KIDS Matter Reading Program (Last day before Summer)	18 GED CLASS 8:30 a.m.-11:30 a.m. Eat Healthy, Be Active workshop 10:30 a.m. or 2:30 p.m.  TNT: After-School Program	19 BOARD MEETING Walnut Village Bingo Day 2 p.m.-4 p.m.	20 Community Garden 8 a.m.	21 House of Deliverance, Algood New Beginning Fellowship Church Food Pantry 9 a.m.-11 a.m.
22	23 GED CLASS 8:30 a.m.-11:30 a.m.	24	25 GED CLASS 8:30 a.m.-11:30 a.m.	26	27 Community Garden 8 a.m.	28
29	30 MEMORIAL DAY Office Closed	31 Summer Lunch program begins 11 a.m.-1 p.m. LAST DAY TO CALL IN FOR PEST CONTROL	 MARK IT: 5/31 Summer Lunch program continues this week 11 a.m.-1 p.m. 5/17 Last Day before Summer for Kids Matter Reading Program 5/18 Last Day before Summer for TNT: After School Program			



MAIL
P.O. Box 400

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931.526.9793

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Cookeville, TN 38503

EMERGENCY
931.260.6080

»»» The office is closed for lunch from 12-1 p.m.

 **DOWNLOAD IT**
To download a
digital version of our
calendar, please visit
HighlandsRS.com.



Please remember the HRS
fireworks policy: "Not to use
fireworks in any manner on HRS
property and/or premises." This is
any type of fireworks and includes
bottle rockets, firecrackers,
sparklers, poppers, etc.

**NO FIREWORKS AT
ANY TIME ON ANY HRS
PROPERTY BY ANYONE.**

