



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSR.S.COM

NOVEMBER/2015



TNT member Kaia,
Burgess Falls State Park.

INSIDE THIS ISSUE



HOMEBUYER'S CLASS Free, open-to-the-public class to plan home ownership
THANKSGIVING MEAL Cookeville Rescue Mission will serve hot lunches
TOBACCO CESSATION CLASSES Free bimonthly classes open for everyone



HOMEBUYER'S CLASS

Quite often it seems that owning your own home is out of reach or will never happen. But it can! Make plans now to attend our **free and open-to-the-public class** sponsored by U.S. Bank and Highlands Residential Services. Learn about how to select a home, the loan process, getting your credit in order and financial management for a home.

The class will be held Thursday, November 5th from 5:00 p.m. to 8:00 p.m. in the HRS main office community room at 235 W. Jackson St. Dinner is provided. Call Kathy at 931.526.9793 ext. 212 to reserve your seat.

SANTA'S WORKSHOP

Everyone is encouraged to visit Santa's Workshop, Nov. 20 - 22 at the Hyder Burks Pavilion, 2390 Gainesboro Grade, Cookeville. Admission is \$3.00 per person, children 12 and under free. There will be over 150 vendors with items to sell, Christmas Caroling and visits from Santa and Mrs. Claus. Proceeds go to support several non-profits including our KIDS Matter reading program. The sights, smells and sounds are just awesome and perfect for the holiday season! For more information, check out Cookeville Junior Women's Club online or Santa's Workshop on Facebook.



Melinda's MEMOS



It's Re-certification time in Baxter and Celina. Be

sure to check your mail for a letter notifying you of the dates and times I will be in your area conducting interviews and what to bring to your interview. If you have any questions call me at 931-526-9793 ext. 220.

Kathy's CORNER



Great news is now being mailed directly to your home!

Beginning this month, your HRS newsletter will be mailed to you each month although occasional information such as the 2016 calendar may still be left in your door.



TIMELY TIDBITS

The office will be closed on Nov. 11th, Veterans Day and Nov. 26th, Thanksgiving Day. Daylight Savings Time is Sunday, Nov. 1st. Move clocks back one hour.



ANNOUNCEMENTS

T.E.A.M. Resident Council will meet Tuesday, November 10th, from 10:00 – 12:00 at the HRS main office community room, 235 West Jackson St. The council will be hosting a day of fun and games including Bingo & door prizes. A pot luck lunch will be served. All residents are encouraged to attend.

Thanksgiving Meal

The Cookeville Rescue Mission will serve hot lunches on Thanksgiving Day at the mission, 1331 S. Jefferson Ave., Cookeville. Everyone is welcome. They also plan to deliver lunches between 11:30 – 12:30 to Cookeville city residents who are disabled or homebound. Please call Kevin at 528-5819 with your name, address and phone number to inquire about meal delivery or for more information.

Christie Joy (CJ) Gerndt is our new AmeriCorps part-time resident program assistant. She will be helping with both youth and adult programs.



Misty's MINUTES



Bountiful Bread distribution will be Tuesday, November 10th, from 10:00 – 12:00 at the HRS main office community room.

Need a new or better job: Current area job postings are available weekly in the HRS main office lobby.

L.I.H.E.A.P. Applications: UCHRA's Low Income Home Energy Assistance Program applications are still being accepted at UCHRA offices, however the deadline has passed for possible winter energy assistance. For more information, please contact your local UCHRA office.

Social Security: For those who receive Social Security or SSI, you should receive proof of your income in the mail soon from the Social Security office. Please keep these papers in a location where you can find them. You will need this for many things in 2016, such as for proof of income for rent, DHS benefits, energy assistance, etc.

Veteran's: Local Veterans Organizations will have a parade on Veteran's Day, Wednesday, Nov. 11th beginning at 11:00 around the Putnam Co. courthouse and East Spring/East Broad Streets to the Veteran's Building and an open house from 10:00 – 1:00. All veterans are invited to walk in the parade or come to the open house.

New Beginning Fellowship Church Food Pantry at 775 West Cemetery Rd., Cookeville will be held Saturday, Oct. 17, from 9 a.m. – 11 p.m. Open to anyone, just bring a photo ID.



YOUTH NEWS WITH SHAQUAWANA

TNT News



Our Teens Need Training (TNT) completed an Adopt-a-Road trash pickup along Pine Ave. during Fall break. They collected 4 large bags of trash. You too can help by keeping this area clean. Afterwards, the teens enjoyed a picnic lunch at Burgess Falls then went hiking to the Falls.

Our Fall FunDays were a success with approximately 40 children coming out at 6 locations for a day of arts & crafts, games & lunch. We will plan on seeing you again during school's Spring Break for the annual poster contest. Please remember to bring your child to these events.

Remember to "like us"  on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.



Boatman/Darwin St. youth enjoy a picnic lunch at Fall Funday.



- Packaged snack items
- Personal size Hand Sanitizer
- Plastic Shopping Bags
- Chapter books
- Coloring books

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER

DON'T QUIT, JUST COME! TOBACCO CESSATION CLASSES. The Great American Smokeout takes place on November 19, 2015. The event challenges people to stop smoking cigarettes for 24 hours, hoping their decision not to smoke will last forever.

We can help! Our free, open to the public Tobacco Cessation classes are held on the 2nd & 4th Tuesdays each month from 2:00 – 3:00 pm at the HRS Main office community room. November classes are the 10th and 24th. Each class stands alone so you can come anytime. Anyone can attend – you do not have to be a tobacco user. You may simply want to help someone else to stop or to never start. There is no obligation, no expectation and no commitment unless you decide. We have an awesome instructor, Randy Todd with Quit 4 Life, who has been where you are. This month's classes will have a focus on how young people are targeted with the temptation to start smoking. All it takes to become addicted is 3 cigarettes a day for 3 weeks and you're hooked.

For Great American Smokeout this month, we will have a drawing at the Nov. 24th class for your choice of either a \$50.00 prize paid directly toward your next month's rent or a \$50.00 value Being Tobacco Free gift basket or one box of Nicotine stop smoking patches valued at \$50.00. Enter by registering at each class in November and you must be present for the entire class. For more information, call Kathy at 526-9793 Ext. 212.

GOT DRUGS? Unused or expired medication needs to be properly disposed of and the best way to do so is to take them to a collection location. Flushing pills down the toilet can contaminate water systems. Medication can get into the hands of children and teens. Thieves often target people for their pills. Old medication can actually cause adverse effects when taken. The Cookeville Police Dept. at 10 East Broad St. has a 24 hour a day secure collection drop box. Simply go by the police dept. to take your unused drugs. You can also watch for announced drug take back days that occur throughout the year. Putnam Co. was recently approved as one of only three across the state to receive a drug incinerator to safely destroy collected medications. Putnam was selected due to the number of drug take back days held and how much medication has been collected.

 **NOVEMBER 2015**

S	M	T	W	T	F	S
1 Daylight Savings Time "Fall Back" 1 Hour RENT DUE!	2  TNT: After-School Program	3 KIDS Matter Reading Program	4 WALNUT VILLAGE: Rent Collection 10 a.m.-12 p.m.  TNT: After-School Program	5 Homebuyers Class 5 p.m.-8 p.m.	6	7
8	9 WILLOW HEIGHTS: Rent Collection 10 a.m.-11 a.m.  TNT: After-School Program	10 Bountiful Bread & TEAM Resident Council Meeting 10 a.m.-12 p.m. Tobacco Cessation Class: 2 p.m.-3 p.m. KIDS Matter Reading Program	11 VETERAN'S DAY Office Closed LATE FEES ADDED	12	13	14
15	16  TNT: After-School Program NON-PAY EVICTION NOTICES GO OUT	17 KIDS Matter Reading Program	18  TNT: After-School Program	19 BOARD MEETING	20 SANTA'S WORKSHOP This Weekend	21 New Beginning Fellowship Church Food Pantry 9 a.m.-11 a.m.
22	23  TNT: After-School Program	24 Tobacco Cessation Class: 2 p.m.-3 p.m. KIDS Matter Reading Program	25	26 THANKSGIVING DAY Office Closed	27	28
29	30  TNT: After-School Program LAST DAY TO CALL IN FOR PEST CONTROL					



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»» The office is closed for lunch from 12-1 p.m.

 **DOWNLOAD IT**
To download a digital version of our calendar, please visit HighlandsRS.com.



Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

