



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSRS.COM

SEPTEMBER / 2018



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HUGE THANK YOU TO RUSSELL STOVER CANDIES!! YUM, YUM!! – see page 2.
QUAWANA'S CLOSET, 706 PINE AVE., NEW ITEMS WEEKLY – details page 3.
TIME FOR ANOTHER COOL CONTEST – enter on page 3.

CONVOY OF HOPE

will be returning to Cookeville on Saturday, Sept. 22, and will open at 10 a.m. at the Putnam County Fairgrounds, 155 Fairground Street. All free while supplies last – groceries, hot lunch, children's shoes, family portraits, and haircuts. Also, there will be a kid's zone and community services, such health, nutrition, veterans, job and career, and prayer opportunities. No ID required. Mark your calendars now!

GOT COATS?

Now is a great time to clean out your closets of coats or jackets to donate to the 7th annual Quawana's Coats distribution, which will be held on Saturday, Oct. 27, 2018. You may drop off new or clean, gently used coats or jackets (all sizes, especially kids) at the HRS main office, 235 West Jackson St., Cookeville, Monday-Thursday from 8:30 a.m.-4:30 p.m. (closed for lunch 12-1 p.m.). I am also accepting all types of hygiene products.



To our community friends – please consider hosting a coat or hygiene drive within your workplace, club or church or offer to serve as a dropoff location. Monetary donations are also accepted.

For more information, please call me at (931) 526-9793, ext. 213, or email me at swester@highlandsrs.com or check out Facebook events "Quawana's Coats."

Melinda's MEMOS



If you live in Monterey and missed your Annual

Recertification interview, please contact me at (931) 526-9793, ext. 220, as soon as possible to reschedule.

Cookeville's Fall Fun Fest will be Friday, Sept. 7, and Saturday, Sept. 8.

Kathy's CORNER



The Senior & Caregiver Expo, sponsored by the

Area Agency on Aging and Disability, will be Tuesday, Oct. 16, from 9 a.m.-1 p.m. at Life Church, 2223 North Washington Avenue, Cookeville. More details next month.

Chelsea's CHAPTER



Please observe and follow the speed limits

on all HRS property. For Walnut Village, the speed limit is 15 mph, and for Willow Heights, it is 20 mph.

Highlands Residential Services main office will be closed Monday, Sept. 3, for Labor Day.

LIHEAP applications for winter energy assistance have begun at all UCHRA offices. Please contact your local office to apply, or applications are available in the HRS main office lobby, but you will need to return them to UCHRA.

Get Out & Vote!

It's your right and privilege as an American citizen to vote. On Tuesday, Nov. 6, we go to the polls again to elect our governor, along with other state and federal offices that will represent the citizens of Tennessee in Washington. Early voting is Oct. 17-Nov. 1, and you do have to be registered to vote. Registering is simple – you must be a United States citizen AND be a resident of the county you are voting in AND be at least 18 years old by the election AND have not been convicted of a felony, or, if you have, your full rights of citizenship must have been restored (or you must have received a pardon). To register and receive your voter card immediately, you must bring two documents showing your name and current address.

For registration information, you may visit:

- Putnam County Election Commission**
705 County Services Drive
Cookeville, TN 38501
- Jackson County Election Office**
1st Floor Courthouse at 101 East Hull Avenue
Gainesboro, TN 38562
- Clay County Election Office**
145 Cordell Hull Drive in the Clay County Community Center
Celina, TN 38551



Community partner Danny Holmes, Baxter Police Department, with Kathy Smith, Resident Services, and Chris Cassetty, HRS Director of Operations

A huge thank you goes out to our community partner Russell Stover Candies for their recent donation of almost a ton of candy – 1,700 pounds! WOW! That was more than enough for our residents and programs, so we spread the love to the following community partners. We also want to thank our maintenance department and administration for loading and unloading all of the candy.

- Algood Police Department
- Algood Senior Center
- Baxter Police Department
- Baxter Senior Center
- Celina Police Department
- Convoy of Hope
- Cookeville Fire Department
- Cookeville Police Department
- Cookeville Pregnancy Center
- Cookeville Senior Center
- Court Appointed Special Advocates (CASA)
- Department of Children's Services
- Gainesboro Police Department and EMS
- Genesis House
- Happy Haven Children's Home

- Heart of the Cumberland
- Helping Hands
- Monterey Food Pantry
- Monterey Police Department
- Monterey Senior Center
- Northside Community Center
- Putnam County EMS Services
- Putnam County Library children's program
- Putnam County Sheriff's Department
- Ready to Learn - WCTE
- Relative Caregiver program
- Rescue Mission
- Rising Above Ministries
- TTU Food Pantry
- White Plains Academy 17 Program

Here's an idea for all those Russell Stover chocolate bunnies: **Chocolate Peanut Butter Bars**

- 1 stick of butter or margarine
- 2 cups of powdered sugar
- 1 ½ cups graham cracker crumbs
- 1 cup peanut butter
- 6 ounces of semi-sweet or milk chocolate (Can use the Russell Stover chocolate here. This recipe won't hurt if you use a little extra chocolate. And who doesn't love a little extra chocolate with their peanut butter?!!)

Generously butter a 13" x 9" pan. Melt butter in large microwaveable bowl on HIGH for 45 seconds or until melted. Stir in powdered sugar, graham crumbs and peanut butter. Spread mixture in pan. If necessary, butter the back of a spoon or your fingertips to press into pan. Melt chocolate in microwaveable bowl on HIGH for 1 minute. Stir. Keep microwaving 30-45 seconds and stirring until melted. Must do in short increments or chocolate will scorch and clump. Cool slightly then pour over peanut mixture in pan. Refrigerate 1 hour or until set and chocolate has gotten firm, if you can wait that long. Cut into squares.



YOUTH NEWS WITH SHAQUAWANA

Our Teens Need Training (TNT) and KIDS Matter free after-school programs have started back. TNT meets on Mondays and Wednesdays and is for HRS youth in the Cookeville area in grades 7-12 (transportation provided). TNT youth have the opportunity to use an on-site computer lab; enjoy the game room, outdoor sports and snacks; and get help with homework or tutoring if needed.

The KIDS Matter after-school reading program meets on Tuesday afternoons and is for HRS youth in grades K-6 (transportation not provided at this time). The KIDS have a super snack while enjoying our guest readers. They also play games, make crafts, use PBS Kid's computers and can take books home to read. If you would like to know more about either program, please call me at (931) 526-9793, ext. 213.

Free Breakfast Why start the day with a growling stomach? Putnam County schools offer free breakfast to all students beginning at 7:15 a.m. Got to school late? Check with the school office to see if you can still grab a breakfast to go.

Fall Fun Day Be watching our October newsletter for dates during school fall break for our annual Fall Fun Day event. These will be held in Baxter, Monterey, two Cookeville locations, Celina and Gainesboro for HRS youth in grades K-12. We'll have arts, crafts, games, puzzles, outdoor activity, lunch and more!

Quawana's Coats, located at 706 Pine Avenue, will be open to ALL HRS residents every Tuesday from 1:30-3 p.m. The closet has free clothing of various sizes for children and adults, with new seasonal items arriving weekly. No questions are asked except to bring identification. Please note the closet may close for scheduling conflicts.



- **School supplies**
- **Individually wrapped snacks**
- **Bottled water**
- **Paper plates & towels**
- **Hand sanitizer**
- **Coats & Jackets - all sizes**
- **Hygiene products - all kinds**



RESOURCE CENTER

COOL CONTEST!!!

Check out this prize this month! A special package consisting of a 44-piece box of assorted chocolates in a velveteen box, a box of assorted sweet confections, a Mary Kay Satin Hands pamper gift set in vanilla sugar, a luxurious pashmina wrap in fall colors and a scented candle.

Here's all you have to do. Answer the following questions correctly based upon information in this newsletter, then complete the entry form and drop off at the HRS main office or mail to: Kathy Smith, Highlands Residential Services,



235 West Jackson Street, Cookeville, TN 38501. Entries must be received by September 10, and one winner will be drawn from correct, completed entries on September 11. Only one entry per household and for HRS residents only. Be watching and reading your monthly newsletters for more great contests. You never know which month they may appear.

TN RECONNECT Are you unemployed or feel 'under' employed because of a lack of education or training? Need to earn more money to support yourself or your family? Only 22 percent of the adult population has any education or training beyond high school. There are 34,000 adults in the Upper Cumberland who have some college, but did not finish a degree. There are not enough qualified candidates to fill many of the workforce needs of area businesses and industries today. We are in a growing area with lots of job opportunities.

If you are an adult between the ages of 25 and 64, you are eligible for TN Reconnect. This program can help you take the next step toward earning a certificate or degree to lead to gainful employment and a brighter future to provide for yourself and your family.

The Upper Cumberland Reconnect Community (which includes Putnam, Jackson and Clay counties) can help you with advice, guidance and assistance to find the education program that is right for you with an emphasis on jobs available in our area. Locally, you can attend a Tennessee College of Applied Technology and earn a certificate or diploma in a specialized skill, and the tuition is **FREE** for most adults.

TN Reconnect will walk you through enrollment, career pathways and financial aid. You will learn WHERE to go, WHO to see and WHAT to do next.

Now is the time to start! Connect **TODAY** at www.ucreconnect.com, or call (931) 526-2211.

1. What is the date for Quawana's Coats? _____
2. Name one thing Convoy of Hope will distribute or do. _____
3. What September holiday will the HRS main office be closed for? _____

Name _____

Address _____

Phone _____

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						1 RENT DUE!
2	3 HAPPY LABOR DAY OFFICE CLOSED	4 Quawana's Closet Open 1:30-3 p.m. KIDS Matter Reading Program WALNUT VILLAGE RENT COLLECTION	5  TNT: After-School Program	6	7 WILLOW HEIGHTS RENT COLLECTION	8
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16	17  TNT: After-School Program NON-PAY EVICTION NOTICES GO OUT	18 Quawana's Closet Open 1:30-3 p.m. KIDS Matter Reading Program	19  TNT: After-School Program	20 Board Meeting	21	22 Convoy of Hope 10 a.m.
23	24  TNT: After-School Program	25 Quawana's Closet Open 1:30-3 p.m. KIDS Matter Reading Program	26  TNT: After-School Program	27	28	29
30 LAST DAY CALL IN FOR PEST CONTROL	1  TNT: After-School Program	2 Quawana's Closet Open 1:30-3 p.m. KIDS Matter Reading Program	3  TNT: After-School Program	4	5	6



MAIL

P.O. Box 400

OFFICE

235 W. Jackson St.
Cookeville, TN 38503

PHONE

931.526.9793

AFTER OFFICE HOURS PHONE

931.260.6080

FAX

931.526.5841

➤ The office is closed for lunch from 12-1 p.m.

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

POLICY REMINDERS



The HRS Smoking Policy is now in effect for all HRS homes. A copy of the Smoke-Free Policy was mailed to all residents and is available at the HRS main office.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

