



# community TIMES

The Highlands Residential Services Newsletter

**HIGHLANDSRS.COM**

**AUGUST/2018**

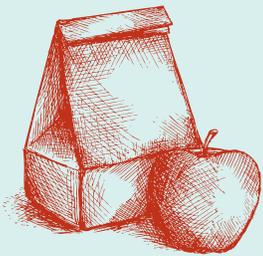


Teens Need Training at historical Thomas House, Red Boiling Springs, TN

## INSIDE THIS ISSUE



TNT & KIDS MATTER ENROLLING NOW – see page 3 for details.  
QUAWANA'S COATS - DONATE A COAT TODAY! – Information on page 3.  
AREA COMMUNITY RESOURCE INFORMATION – details on page 3.



## SUMMER LUNCH PROGRAM

The Summer Lunch program was a huge success this year! Many thanks go to AmeriCorps volunteers Whitney Nielsen, Nate Stults, Kennedy Kimbel, TTU Intern Kathy Garcia, and the small army of community volunteers listed below. Approximately 35 different children attended at some time during the summer.

- Putnam County School Nutrition Program
- Putnam County Health Department
- WCTE-TV
- Praise Cathedral Church of God
- New Beginnings Fellowship Church
- First United Pentecostal Church
- Kainos Church
- Life Church
- Sycamore Church of Christ
- West View Baptist Church



Cookeville Noonday Rotary building bridges with kids at the summer lunch program.

- First Christian Church
- Sylvan Learning
- Power of Putnam
- PCSWD – Lisa Luck
- UC Child Advocacy Center
- Cookeville Noonday Rotary
- UT Extension office – Halie Beason
- Numerous other volunteers and contributors

## Melinda's MEMOS



Recertification for ALL of Monterey will be conducted this month. Be on the lookout for your letter with appointment date and time. Contact me with any questions at (931)526-9793, ext. 220.

## Kathy's CORNER



HRS is now maintaining an area listing of job search locations. The list includes websites, media, employment agencies, career centers and more! Pick up your copy today in the main office lobby.

## Chelsea's CHAPTER



Walnut Village rent is due by the 5th of the month. If the 5th falls on a Sunday or holiday, it is due the following business day. A late fee of \$5 is charged on the 6th day of the month, with an additional \$1 per day until the balance is paid.

*The office will be closed in observance of Labor Day on Monday, Sept. 3.*

**LIHEAP** applications for winter energy assistance have begun at all UCHRA offices. Please contact your local office to apply, or applications are available in the HRS main office lobby.

## The Putnam County Fair

is Aug. 2-11. This is always a big event with lots of fun traditions. This year, Senior Day at the Fair is Monday, Aug. 6, from 9 a.m.-2 p.m. Free admission, vendor booths, giveaways, programs, and you can enjoy all the sights and sounds of the fair.

## Convoy of Hope

will be returning to Cookeville on Saturday, Sept. 22, at 10 a.m. at the Putnam County Fairgrounds. All free while supplies last – groceries, hot lunch, children's shoes, family portraits and haircuts. Also, there will be a kid's zone and community services such as health, nutrition, veterans, job and career, and prayer opportunities. No ID required. Mark your calendars now!

**TNT Summer Day Camp** concluded July 12. Each summer just gets better! The teens had some new experiences this year, such as learning about home construction at Honest Abe Log Homes, the latest in technology with SAIC, and "goat cuddling" at Harmony Lane Farm. The teens also completed two community volunteer projects – picking up litter at Cane Creek Park and packing commodity food at UCHRA. Some fun things the teens did were swimming, enjoying movie day, tie dying t-shirts and making a trip to Lake Winnie. The summer day camp is free to TNT participants but is made possible with the support of **NUMEROUS** monetary, food and supply donors. No government funding is received for these programs, so we are very grateful to so many who support all of our youth programs.

Our culinary instructors:

- Rodney Lauolo, Back Room Bistro
- Michelle Jones, Bank of Putnam County
- Katie Woodard, Kayla French and volunteers of the Putnam County Health Department
- Lori Strode
- Tiffany Zellner
- Randy and Judith Todd

Our awesome volunteers and their staff who opened their doors to provide programs, training, information and so much more to our teens:

- Tim Hartley, Carlen Chevrolet
- Lisa Luck, Putnam County Solid Waste Department/Recycling

- Shannon Reese, Clean Commission
- Jessie Gentry, SAMS Club
- Stacie Johnson, TCAT, Livingston
- Melissa Watson and Jeff Clements, Honest Abe Log Homes
- Dawn Kupferer and Rock Island State Park
- Kim Taylor and the staff of First National Bank
- Karen Langley, SAIC Technology
- Judge Jonathan Young and Marcia Borys
- Jerry Shelgren and the staff of IWC
- Lauren Neal, Crossfit Mayhem
- Mike Smith
- Curtis Robinson
- Susan Long
- Beth Swafford, Express Employment
- Lehra Trobaugh, Stone Com
- Dave Roland and Kim Barnes, Roland Advertising
- Kate Cook and Jim Herrin, Herald Citizen
- Brent Clark, WCTE-TV
- The Thomas House, Cole Family – Red Boiling Springs
- Julie David, Harmony Lane Farm and Creamery
- Alice Wills, Rural Development
- Lt. Anthony Leonard, Cookeville Police Department
- Mayor Ricky Shelton and the City of Cookeville

And a special thanks to our staff: Shaquawana Wester, Youth Programs coordinator; AmeriCorps volunteers Kennedy Kimbel and Nate Stults; and TTU intern Kathy Garcia.

Remember to "like us"

 on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.



## YOUTH NEWS WITH SHAQUAWANA

Enrollment has begun for our Teens Need Training (TNT) and KIDS Matter after-school programs. TNT begins on Aug. 13, and KIDS Matter begins on Aug. 14. TNT meets on Mondays and Wednesdays and is for HRS youth in the Cookeville area that are in grades 7-12 (transportation provided). TNT youth have the opportunity to use an on-site computer lab; enjoy the game room, outdoor sports and snacks; and get help with homework or tutoring if needed. The KIDS Matter after-school reading program meets on Tuesday afternoons and is for HRS youth in grades K-6 (transportation not provided at this time). The KIDS have a super snack while enjoying our guest readers. They also play games, make crafts, use PBS Kids computers and can take books home to read. If you would like to know more about either program, please call me at (931) 526-9793, ext. 213. Both programs are free and have lots more surprises than space allows to list.

**Quawana's Closet**, located at 706 Pine Avenue, will be open to ALL HRS residents every Tuesday from 1:30-3 p.m. The closet has free clothing of various sizes for children and adults. No questions asked except to bring identification. Please note the closet may close for scheduling conflicts.

**Quawana's Coats** Now is a great time to clean out your closets of coats or jackets to donate to the seventh annual Quawana's Coats distribution, which will be held on Saturday, Oct. 27, 2018. You may drop off your clean, gently used or new coats or jackets at the HRS main office, 235 West Jackson Street, Cookeville, Monday-Thursday, 8:30 a.m.-4:30 p.m. (closed for lunch 12-1 p.m.) or call me at (931) 526-9793, ext. 213; email [swester@highlandsrs.com](mailto:swester@highlandsrs.com); or check out Facebook events "Quawana's Coats." Also accepted are all types of hygiene products.



- **School supplies**
- **Individually wrapped snacks**
- **Bottled water**
- **Paper plates and towels**
- **Hand sanitizer**
- **Coats and jackets - all sizes**
- **Hygiene products - any kind**



## RESOURCE CENTER



### **The Trinity Outreach Center**

located at 235 West Main Street in Algood, has clothing, household and personal care items and a non-perishable food pantry. They may also be able to help some with utilities and rent on a case-by-case basis (Putnam County only). Plus, they offer Community Health Resource guidance. The center is open Monday-Thursday from 10 a.m.-2 p.m. For more information, call Anne Parker at (931) 537-9814.

The State of Tennessee offers Services for the Blind and Visually Impaired. This is a very helpful resource for individuals who have vision loss that cannot be corrected with glasses. Services include a needs assessment, training and instruction in adaptive devices, home management skills and referral to other programs. Possible adaptive devices include big-button phones, kitchen devices, home safety, reading aids, personal care techniques and much more. NO FEES REQUIRED. Services are paid through state and federal funding and cover Putnam, Jackson and Clay counties. Anyone can make a referral, including the person themselves. For more information, contact Miche Corner at (931) 520-2527 or [miche.corner@tn.gov](mailto:miche.corner@tn.gov), or Chastity Williams at (931) 528-9859 or [chastity.williams@tn.gov](mailto:chastity.williams@tn.gov).

Free SNAP (food stamp) application assistance. The Upper Cumberland Area Agency on Aging and Disability in Cookeville can help persons age 60 and over or a disabled individual with completing the Supplemental Nutrition Assistance Program (SNAP) application. For more information or to get started today, call toll free 1-866-836-6678 or (931) 476-4119.

The UCHRA offers the Senior Community Services Employment Program (SCSEP) for persons age 55 and older. The program provides 20 hours per week of on-the-job training with government and non-profit agencies at the current minimum wage for older persons seeking gainful employment. SCSEP will provide assessment to determine the person's present skill level and to review the types of occupations they would like to train for. The program teaches the best methods for finding, applying for, interviewing, getting and keeping the right job. SCSEP will also refer participants to the American Job Center for basic computer training as well as other training or employment programs. For information or to determine eligibility, call (931) 520-9624 or visit the UCHRA Central Office at 580 South Jefferson Avenue, Suite B, in Cookeville.

 **AUGUST 2018**

S	M	T	W	T	F	S
			1 RENT DUE!	2	3 WALNUT VILLAGE RENT COLLECTION	4
			5	6	7	8 WILLOW HEIGHTS RENT COLLECTION  PEST CONTROL TREATMENT DAY
12	13  TNT: After-School Program 1st Day Back  LATE FEES ADDED	14 KIDS Matter Reading Program 1st Day Back	15  TNT: After-School Program  NON-PAY EVICTION NOTICES GO OUT	16 Board Meeting	17	18
19	20  TNT: After-School Program	21 KIDS Matter Reading Program	22  TNT: After-School Program	23	24	25
26	27  TNT: After-School Program	28 KIDS Matter Reading Program	29  TNT: After-School Program	30	31 LAST DAY CALL IN FOR PEST CONTROL	 <b>MARK IT: 9/3</b> Office Closed Monday September 3th Labor Day



**MAIL**

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**OFFICE**

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Cookeville, TN 38503

**PHONE**

931.526.9793

**AFTER OFFICE HOURS PHONE**

931.260.6080

**FAX**

931.526.5841

»» The office is closed for lunch from 12-1 p.m.

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

**POLICY REMINDERS**



The HRS Smoking Policy is now in effect for all HRS homes. A copy of the Smoke-Free Policy was mailed to all residents and is available at the HRS main office.

**NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.**

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

