



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSRS.COM

APRIL/2018



Quawana's Closet

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Quawana's Closet

is now open to ALL HRS residents. The closet has been started by our very own Shaquawana Wester and is an extension of Quawana's Coats. It is located at 706B Pine Avenue and is open on Tuesdays from 1:30-3 p.m.; other times may be possible by appointment. The closet has free clothing of various sizes for children and adults. We only ask you to bring identification.

Quawana's Closet also has received a lot of beautiful formal dresses in various styles, colors and sizes that would be great for proms or other special events. These are for loan only, so if you would like to borrow one or need more information, please contact Shaquawana at (931) 526-9793, ext. 213.

Please note the closet may close for scheduling conflicts.

10TH ANNUAL "WHAT HOME MEANS TO ME" POSTER CONTEST

COOKEVILLE: Boatman/Darwin St., Monday, April 2, 11 a.m.-1 p.m. In the open, grassy area on Darwin Street (weather permitting - Resident Services discretion).

BAXTER: (make up for snow day) Monday, April 2, 2-4 p.m. at the community room on Alexander Street

CELINA: Thursday, April 5, 11 a.m.-1 p.m. at 301 Green Street, Soil Conservation office

The poster contest is open to all public housing youth in grades K-12. To receive a cash prize, you must be present and work on your poster at the local contest. Participants must make their own posters. A complete list of rules is available in the main office lobby.

Missed your local poster contest? You can still enter to try to advance to the state competition to win prizes! Simply make a poster at home and bring it to the main office by noon on Friday, April 13. The theme for posters is "What Home Means to Me." If you have any questions, please call Shaquawana at (931) 526-9793, ext. 213, or Kathy, ext. 212.

Monterey resident Nate enjoyed working on his poster



Melinda's MEMOS



Happy Easter! It's re-certification time for West 6th, 7th, 8th, parts of Pine and Cypress streets. You should receive a letter notifying you of your appointment date and time and what documentation you MUST bring with you to your interview. Any questions, call me at (931) 526-9793, ext. 220.

Kathy's CORNER



Congratulations to Deanna Smith of Baxter, who was the winner of our March Cool Contest. Keep watching your newsletters, as you never know which month a cool contest will appear. Thanks to all residents who are reading their newsletters and entering the contests.



TIMELY TIDBITS

The Wall That Heals is coming to Cookeville April 19-22, 2018. This is a traveling, 375-foot replica of the Vietnam Veterans' Memorial Wall, honoring more than three million Americans who served in the U.S. Armed Forces in the Vietnam War. You may visit the wall at the Cookeville soccer fields, located at 497 Whiteaker Springs Road. For more information, go to <https://visitcookevilletn.com/thewallthatheals>.

Housing News

Safety Tips:

Please keep children and pets away from the mowers and move any items in the yard out of the path of the mowers.

Kiddie pools are not allowed.

Do not leave any containers outside, even something as tiny as a bottle cap, as they can collect water and become a breeding ground for mosquitoes that carry disease.

Drive carefully and obey the speed limits in all HRS developments. Children will be playing and people are outside more. Parents, please teach your child about outdoor safety.

Rent or other payments

HRS accepts cash, checks or money orders at the front desk. You can also mail in payments by check or money order. Do not send cash in the mail. Walnut Village/Willow Heights need to bring exact rent amounts.

We Gotta Eat

Just a reminder the main office is closed for lunch from 12-1 p.m.

Walnut Village/Willow Heights

residents will not meet in April.

RESOURCE CENTER

DRUG TAKE BACK DAY

The spring drug take-back day will be held Saturday, April 28, from 10 a.m.-2 p.m. at the following locations:

- Algood Police Department
- Andy's Pharmacy on Willow Avenue
- Fred's Pharmacy in Monterey
- Monterey Drugs
- Nunally Drugs in Baxter
- Walgreens on Willow Avenue
- Walgreens on Washington Avenue

It's easy! Curbside dropoff, and no questions asked. Please leave medications in original containers with the name of the drug visible. You can remove or mark over your name. Items not accepted: liquids, syringes, ointments, lotions, inhalers.

Drug take-backs are a great way to properly dispose of old, expired or unused medications. This is a much safer way than flushing drugs down the drain where they can get back into water systems. Medications at drug take backs are destroyed by proper authorities and are never "re-used."

Senior Citizens Centers

are located in Cookeville, Baxter, Monterey, Algood, Gainesboro and Celina. A recent visit to the Cookeville and Baxter centers showed they offer a wide variety of activities, resources, classes, trips, on-site meals and so much more! The Cookeville Senior Center has an impressive list of things to do, from bingo with prizes to "pickleball." If you are age 50 or over, please visit your local center. Senior centers really are great places to be a part of.

Home Caregiver Mobility Safety Class

TTU is hosting a free class aimed at providing caregivers knowledge and skills to safely maneuver individuals with limited mobility using various methods, techniques and assistive devices. A certificate of training will be provided, which would be great for health care job searches. The three-hour class will be held at the Whitson-Hester School of Nursing, 10 West 7th Street, Cookeville. You can select from one of the following dates:

- April 10 from 3-6 p.m.
- April 14 from 9 a.m.-12 p.m.
- April 17 from 3-6 p.m.

To register online, go to: <https://goo.gl/forms/PpoqISi874j2R29w1> or contact:

Toni Roberts, DNP, RN
(931) 200-7280
Tennessee Tech University
tsroberts@tntech.edu



YOUTH NEWS WITH SHAQUAWANA



Many thanks to the TTU Football team. Some of the players recently spent an afternoon with our Teens Need Training (TNT) youth just hanging out, throwing some footballs and helping with homework.

TNT summer day camp begins in June and last for six weeks. Some of the awesome, fun things TNT kids do during summer day camp are swimming, cooking and culinary skills, hiking, life skills, movie day, fun parks, community citizenship, job training and much more! Our

TNT kids get to go to some seriously cool places! All for free! How can you get in on this? Youth are selected from being enrolled in the Teens Need Training (TNT) after-school program. TNT is for youth in grades 7-12 who live in or around HRS in Cookeville. If you would like more information about this or any of our youth programs, call me at call me at (931) 526-9793, ext. 213, or email swester@highlandsrs.com.

*****Attention Community Partners***** Our teens need you! We are also looking for businesses or organizations to spend a short time with the teens one day this summer demonstrating what you do, teaching job or practical life skills or just interacting with them. For more information, call Shaquawana at (931) 526-9793, ext. 213.

Lighthouse Christian Camp, located in Smithville, will have the Putnam County Girls Camp June 25-29 and the Boys Camp July 9-13, 2018. We will have applications available at HRS as soon as they are received. At this time, the camp does not have transportation for Jackson or Clay counties.



TEENS NEED TRAINING

WISH LIST

- Bottled water
- Individually wrapped snacks
- Hand sanitizer
- Sunscreen
- Paper goods & cleaning supplies
- Sidewalk chalk or any outdoor equipment

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

Meet Breanna

Breanna, along with her two younger brothers, has been part of our KIDS Matter program since it began in 2014. She is 11 years old and in the fifth grade. Breanna tells us the things she likes most about KIDS Matter are getting help with her homework and having different guest readers. And she loves the snacks! She says she has a quiet place to study and feels safe while there. Breanna wants other kids to know that KIDS Matter is really cool and a lot of fun.



KIDS Matter is a free after-school reading program for HRS kids in grades K-6. We meet on Tuesdays at Pine Avenue, where there are games to play, outdoor activities, PBS kids' computers, very entertaining guest readers and a library to check out books to read at home. Transportation is not available at this time. If you would like to know more or wish to donate or volunteer, please call Shaquawana at (931) 526-9793, ext. 213.

SUMMER PROGRAMS HRS plans to provide free summer lunches again this year at the TNT Center in the Police Substation at 706 Pine Avenue. Lunches will be served May 29-July 27 from 10 a.m.-1 p.m. They'll be closed July 4.

Calling all Community Partners!

We need volunteers to spend just one day (or more if you choose) for three hours providing activities during the lunch program and helping with the lunch distribution. If you have questions or would like to help, please call Kathy at (931) 526-9793, ext. 212, or email ksmith@highlandsrs.com.

No government funds are received for KIDS Matter or TNT. Successes such as Breanna only happen because of the support of our great communities and are very much appreciated.

Remember to "like us" on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.

 **APRIL 2018**

S	M	T	W	T	F	S
1  EASTER APRIL 1ST RENT DUE!	2 <i>Boatman/Darwin Poster Contest</i> 11 a.m. - 1 p.m. <i>Baxter Poster Contest</i> 2 p.m. - 4 p.m.	3 KIDS Matter Reading Program	4  TNT: After-School Program WALNUT VILLAGE RENT COLLECTION	5 <i>Celina Poster Contest</i> 11 a.m. - 1 p.m.	6	7
8	9  TNT: After-School Program WILLOW HEIGHTS RENT COLLECTION	10 Quawana's Closet Open 1:30-3 p.m. KIDS Matter Reading Program	11  TNT: After-School Program PEST CONTROL TREATMENT DAY LATE FEES ADDED	12	13 <i>Poster Contest Entries Due by 12 p.m.</i>	14
15	16  TNT: After-School Program NON-PAY EVICTION NOTICES GO OUT	17 Quawana's Closet Open 1:30-3 p.m. KIDS Matter Reading Program	18  TNT: After-School Program	19 <i>Board Meeting</i>	20	21
22	23  TNT: After-School Program	24 Quawana's Closet Open 1:30-3 p.m. KIDS Matter Reading Program	25  TNT: After-School Program	26	27	28 <i>Drug Take-Back Day</i> 10 a.m. - 2 p.m.
29	30  TNT: After-School Program LAST DAY CALL IN FOR PEST CONTROL					



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➤ The office is closed for lunch from 12-1 p.m.

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POLICY REMINDERS



The HRS Smoking Policy is now in effect for all HRS homes. A copy of the Smoke-Free Policy was mailed to all residents and is available at the HRS main office.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

