



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSR.S.COM

DECEMBER/2017



Teens Need Training wish you and yours a Merry Christmas.

The Board of Commissioners and staff of Highlands Residential Services would like to wish each of you happy holidays and a joyous new year!



Christmas Parades

- Baxter, Friday, Dec. 1 @ 7:00 p.m.
- Gainesboro, Saturday, Dec. 2 @ 5:00 p.m.
- Algood, Friday, Dec. 8 @ 6:00 p.m.
- Monterey, Saturday, Dec. 2 @ 6:00 p.m.
- Cookeville, Saturday, Dec. 9 @ 6:00 p.m.



Monterey Toys For Children

Monterey residents who missed the Toys for Tots deadline and are not receiving Christmas toy help elsewhere, please call 839-2323 or go by the Monterey Police Department no later than Monday, Dec. 11, to apply for Toys for Children ages birth to 14. Please bring proof of address (such as utility bill in your name) and proof of all household income.

JOB OPENING

We are looking for an AmeriCorps volunteer to serve as a Resident Services Program assistant. The position will primarily work with youth programs and some with adults. As an AmeriCorps volunteer, you receive a living allowance (money deposited into your bank account to spend as you choose) and money for education while not affecting any current assistance. This is a great opportunity to learn while serving others. Applications are available at the main office, or you can call Kathy at (931) 526-9793, ext. 212.

Melinda's MEMOS



Annual re-certification interviews for W. 5th Street and part of Pine Avenue will be conducted this month. You should receive a letter notifying you of your appointment date and time and what you need to bring with you to your interview. If you have any questions, please contact me at (931) 526-9793, ext. 220.

Kathy's CORNER



As a reminder, please keep all Social Security award letters, W-2 forms or other proof of income where you can find them. These will be necessary for filing taxes or recertifying for benefits. First Christian Church on Fairground Street, in Cookeville will have a live nativity scene on Dec. 15, 16 and 17 from 6:30 - 8:30 p.m. Everyone is invited to visit.



TIMELY TIDBITS

The main office will be closed December 25 for Christmas Day and again on January 1 for New Year's Day.



RESIDENT COUNCIL T.E.A.M.
TOGETHER EVERYONE CAN ACCOMPLISH MORE

T.E.A.M. RESIDENT COUNCIL

All HRS residents are invited to join us on Tuesday, Dec. 12 from 10:00 a.m. - 12:00 p.m. at Walnut Village manager's office # R-5 for our annual Christmas social. We'll have lunch, door prizes, fun and games. If you need transportation, please call Misty at (931) 526-9793, ext. 224, regarding availability.

The Resident Council has planned a trip to Opry Mills in Nashville on Tuesday, Dec. 5. Transportation is limited, so call Misty today at (931) 526-9793, ext. 224, to reserve your seat. You will need to meet at the main office at 8:30 a.m. or the Walnut Village manager's office at 8:45 a.m. for pickup. Plans are to return to Cookeville around 5:00 p.m. You will need money for lunch and shopping.

Walnut Village/ Willow Heights

will meet Thursday, Dec. 21 from 1:00 - 3:00 p.m. at the Walnut Village manager's office # R-5 for our annual Christmas social. We'll have lunch, door prizes, fun and games. All Walnut Village and Willow Heights residents are welcome to attend.

Maintenance Tips:

On nights the temperature is below 32° outside, please open kitchen cabinets under your sinks to allow warm air to get to your pipes, and allow faucets to drip, which helps keep water moving and keeps it from freezing. Walnut Village and Willow Heights residents need to be sure outside water hoses have been disconnected and stored for the winter.



Misty's MINUTES

Congratulations to Mary Henegar

who was the winner of our Senior Expo booth prize. Pictured is her daughter Cindy Woodcock accepting the prize.



Winner - Mary Henegar, Daug. Cindy Woodcock

Congratulations to Our November Cool Contest Winners

Stephen Franks of Gainesboro and Michael Turner of Monterey. They each won a Smart Health Walking Watch. Thanks to all who entered, and keep watching and reading your newsletter for the next contest. You never know which month it will appear!



Michael Turner, Winner



Steven Franks, Winner

Here is an easy and yummy recipe that is great for the holidays or any occasion. We have served this at resident meetings, and everyone loves it.

Christmas Fruit Salad

- 1 large can pineapple chunks, drained, but save juice for the bananas
- 1 can fruit cocktail, drained
- 1 can mandarin oranges, drained
- 2 bananas - soak for a few minutes in pineapple juice, then drain
- 1 can peach pie filling - cut up
- Mix all together and chill. Can add grapes, apple chunks, coconut or nuts. Can save the drained juices to mix with orange juice for a tasty fruit drink.

Homeless and Hunger

held in October as part of Make a Difference Day was a great success. Volunteers donated basic necessities and helped prepare a total of 75 backpacks. These were distributed that day, along with additional backpacks distributed through area homeless outreach programs. I want to thank numerous donors, supporters and volunteers who made this event a success, which allowed me to reach out to so many people. A big **Thank You** goes out to Jefferson Avenue Church of Christ for the use of their facility on Make a Difference Day.



YOUTH NEWS WITH SHAQUAWANA

The 6th annual Quawana's Coats was a huge success. An estimated 1,750 coats and jackets of all sizes were donated, with approximately 400 individuals served that day. There were numerous volunteers from several clubs, groups, churches and resource organizations who also helped that day. Remaining coats were distributed to other area coat drives or clothing shelters. A big **Thank You** goes out to Jefferson Avenue Church of Christ for the use of their building on Make a Difference Day.



Coat Distribution

Christmas Toys – We are currently accepting donations for Christmas gifts for our TNT and KIDS Matter programs. Suggested items are new chapter books for teens, puzzle books, craft kits, all kinds of balls, adult or youth coloring books, felt tip markers or crayons, and wrapping paper. Also for girls – perfume, bath sets, hair bows, nail polish, etc. Boys – bath sets, body spray, wallets. Any donations can be dropped off at the HRS main office, 235 West Jackson Street, or you may call me at (931) 526-9793, ext. 213.

Teens Need Training – During fall break, TNT members had a great time trying out the new Cookeville Escape. The girls' team was victorious!

KIDS Matter will also have a special Christmas celebration with lots of great surprises!



TEENS NEED TRAINING

WISH LIST

- Bottled water
- Individually wrapped snacks
- Paper goods
- Cleaning supplies

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER

Quawana's Closet

located at 706B Pine Avenue will be open on Tuesday, Dec. 5 and 12 from 1:30 – 3:00 p.m. for ALL HRS residents; other times are possible by appointment. Free clothing of various sizes for children and adults. Bring identification. Please note the closet may close for scheduling conflicts. For more information, call me at (931) 526-9793, ext. 213.

Remember to “like us” on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.

HELLO OUT THERE TO OUR COMMUNITY PARTNERS

Remember when you were a child and the sheer delight of waking up on Christmas morning to find presents under the tree? And even better, at least one of the presents was exactly what you wanted. Or the joy that filled your heart watching your child tear into a present and hold it tightly while shouting with excitement? We want to encourage our communities to support your local toy drives, angel trees and Toys for Tots. Without your help, many children may not receive anything at all for Christmas. Thank you in advance.

FREE RIDE HOME FOR IMPAIRED DRIVERS

is being sponsored again this year by Bradford Health Services and Power of Putnam. Free rides are offered from Dec. 23 to Jan. 1 for adults age 21 and up. Staff and patrons at restaurants, bars and lounges may call for free ride home for anyone too impaired to drive. Free Ride is provided within a 30-mile radius of Cookeville.

Free Ride Home for Impaired Drivers In Cookeville

Dec. 23 - Jan. 1 • Call (931) 528-6803

 **DECEMBER 2017**

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<p> MARK IT: 1/1 Office closed for New Year's Day Monday, Jan. 1, 2018</p>						1	2
						RENT DUE!	
3	4	5	6	7	8	9	
	<p> TNT: After-School Program WALNUT VILLAGE RENT COLLECTION</p>	<p>Resident Council Trip Quawana's Closet Open 1:30 - 3 p.m. KIDS Matter Reading Program</p>	<p> TNT: After-School Program</p>		WILLOW HEIGHTS RENT COLLECTION		
10	11	12	13	14	15	16	
	<p> TNT: After-School Program LATE FEES ADDED TOMORROW</p>	<p>TEAM Resident Council Quawana's Closet Open 1:30 - 3 p.m. KIDS Matter Reading Program</p>	<p> TNT: After-School Program PEST CONTROL TREATMENT DAY</p>	Board Meeting	NON-PAY EVICTION NOTICES GO OUT		
17	18	19	20	21	22	23	
	<p> TNT: After-School Program</p>	KIDS Matter Reading Program		Walnut Village/ Willow Heights 1 p.m.- 3 p.m.			
24	25	26	27	28	29	30	
	<p> CHRISTMAS DAY OFFICE CLOSED FOR CHRISTMAS</p>						
31							
<p> NEW YEAR'S EVE LAST DAY CALL IN FOR PEST CONTROL</p>							



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931.260.6080

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931.526.5841

➤➤➤ The office is closed for lunch from 12-1 p.m.

Remember to "like us"  on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.

POLICY REMINDERS



The HRS Smoking Policy is now in effect for all HRS homes. A copy of the Smoke-Free Policy was mailed to all residents and is available at the HRS main office.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

