



community TIMES

The Highlands Residential Services Newsletter

HIGHLANDSR.S.COM

NOVEMBER / 2017



Highlands Resident Council Fall Day Trip

INSIDE THIS ISSUE



SANTA'S WORKSHOP, Nov. 17th, 18th and 19th. Details page 2.

COOL CONTEST IS BACK! Win a prize! See page 3.

GOT SNAP? We have just the opportunity for you, see page 3.



HOME BUYER'S CLASS

Everyone is welcome to join us in our 10th Annual Homebuyers Class on Thursday, Nov. 9, from 5-7 p.m. in the HRS main office community room at 235 West Jackson Street. Quite often, it seems that owning your own home is out of reach or will never happen. But it can! Make plans now to attend our **free and open-to-the-public homebuyer's class** to learn how to get your credit in order, the loan process, and selecting financial management for a home. Dinner is provided.

Call Kathy at (931) 526-9793, ext. 212, to reserve your seat. This no-obligation class is a community outreach program sponsored by US Bank and Highlands Residential Services.



Putnam County Toys for Tots

Signup dates: Thursday, Nov. 2, or Friday, Nov. 3, from 3-6 p.m. or Saturday, Nov. 4, from 12-3 p.m.

Where: Life Church, 2223 North Washington Ave., Cookeville

What to bring:

- Proof of Putnam County residency (utility bill, lease agreement, etc.)
- Legal guardian must be present (ID required)
- Proof of assistance, such as TennCare card, EBT/food stamp card, receipt for housing assistance, etc.
- Must show Social Security card or birth certificate for each child
- For Putnam County youth only, ages 0-17
- HRS does not have applications this year, so please do not miss the signup dates.

As of this writing, there is no official word yet on Christmas assistance in Jackson or Clay counties, but we will pass the information to you if it is received. You may also check with your local school system or Head Start program for any up-to-date information.

Melinda's MEMOS



If you live in Baxter or Celina and missed your recertification interview in October, please contact me as soon as possible at (931)526-9793, ext. 220, to schedule an appointment.

Kathy's CORNER



The office will be closed Friday, November 10th, for Veterans

Day and Thursday, November 23rd, for Thanksgiving Day. As of November 1st, only 55 days left until Christmas!!



TIMELY TIDBITS

Don't forget Daylight Savings Time is November 5. Clock's "fall back" one hour.

Remember to "like us" on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.



RESIDENT COUNCIL T.E.A.M. TOGETHER EVERYONE CAN ACCOMPLISH MORE

T.E.A.M. RESIDENT COUNCIL

We will meet this month on Tuesday, Nov. 14th, at the HRS Main Office Community Room, 235 West Jackson Street. This month, we will have a planning meeting for upcoming holiday events and will look ahead to next year's programs. Lunch is provided. All HRS residents are invited to attend. If you need transportation, please call Misty at (931) 526-9793, ext. 224, regarding availability.

Last month, the council enjoyed a day trip to visit the Muddy Pond General Store and experienced Muddy Pond molasses making. That's part of our group on the front cover this month. We hope you will join us to learn more about resident council and how to get involved.

Walnut Village/ Willow Heights

residents will meet Thursday, Nov. 16th, from 1-3 p.m. at the Walnut Village manager's office # R-5. This month, Janie Pedigo from Wilson Bank and Trust will be sharing information with us on healthy senior living. Afterwards, lunch will be served. We hope to see you there.

Maintenance Tips:

On nights the temperature is below 32° outside, please open kitchen cabinets under your sinks to allow warm air to get to your pipes and allow faucets to drip which helps keep water moving and not freeze. Walnut Village, Willow Heights and Algood residents need to be sure outside water hoses have been disconnected and stored for the winter.



Misty's MINUTES

We all love a parade! The Veterans Day parade is Friday, Nov. 10, beginning at 11 a.m. along Broad Street in Cookeville. We are thankful for our veterans and their service to our country.

What's Happening

Harvest of Blessings soup, sides and dessert fundraiser, hosted by First United Methodist Church will be Friday, Nov. 10, from 10 a.m.-1 p.m. in the church's Christian Life Center at 165 East Broad Street, Cookeville. The lunch cost is just \$7 for eat in or take out. There will also be a bake sale and quilts for purchase. All proceeds go to local missions, including HRS' Teens Need Training after-school program. No reservation necessary; just show up.

The Great American Smokeout is Nov. 16, 2017. This annual event challenges people to stop smoking cigarettes for 24 hours in hopes their one-day decision will last forever. Need a little help making the decision to quit? Quit 4 Life tobacco cessation classes are free and open to anyone. A new class starts every Thursday from 6-7 p.m. at the Cookeville Regional Medical Center cafeteria Algood Room. For more information, call Randy Todd at (931) 261-4305.



Santa's Workshop

Make plans now to visit the Cookeville Junior Woman's Club annual Santa's Workshop on Nov. 17 and 18 from 10 a.m.-7 p.m. and Nov. 19 from 1-5 p.m. at the Hyder Burks Pavilion, 2390 Gainesboro Grade, Cookeville. Admission is \$3 per person; children 12 and under are admitted for free. There will be more than 160 vendors with items to sell, Christmas caroling and visits from Santa and Mrs. Claus. Proceeds go to support several area nonprofits, including our KIDS Matter reading program. The sights, smells and sounds are just awesome and perfect for the holiday season! For more information, check out the Cookeville Junior Woman's Club online or Santa's Workshop on Facebook.



YOUTH NEWS WITH SHAQUAWANA

Got SNAP? Build Your Skills is an exciting new opportunity for you. The UT Extension office will begin providing a free series of five one-hour classes in November to help men and women who receive SNAP benefits and would like to increase their income or are interested in long-term career employment or more education. You will learn such skills as interview and workplace communication, resume preparation, self-determination and more.

Classes meet in the TNT room of the Police Substation at 706 Pine Avenue on Nov. 2, 7, 14, 21 and 28 from 10-11 a.m. No high school diploma? That's ok; the class can help you work toward that. Families First recipients are not eligible. For more information, please call me at (931) 526-9793, ext. 213, or simply show up for the class.

Quawana's Closet, located at 706B Pine Avenue, is open on Tuesdays in November from 1:30-3 p.m. for all HRS residents; other times are possible by appointment. Free clothing of various sizes for children and adults. Bring identification. Please note the closet may close for scheduling conflicts. For more information, call me at (931) 526-9793, ext. 213.

A big thank you goes out this month to Russell Stover, which donated 1,100 pounds of candy to HRS in September. Also, Mustard Seed Ranch donated 180 new children's books, which will be used at Christmas or other youth events.

We also want to thank the masses who helped in some way to make Quawana's Coats a success this year. We'll have more details on this in the December newsletter.



TEENS NEED TRAINING

WISH LIST

Suggested teen Christmas gifts:

- **Chapter books**
- **Men's - body spray/bath wash, wallets**
- **Girls - perfumes, lotions, hair care products**

TNT operates under Highlands Residential Resources, which is a 501(c)(3) nonprofit.

It is the policy of HRS to ensure that no citizen shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance.

RESOURCE CENTER

Thanksgiving Meal The Cookeville Rescue Mission will serve hot lunches on Thanksgiving Day at the mission, 1331 S. Jefferson Avenue, Cookeville. Everyone is welcome. They also plan to deliver lunches from 11:30 a.m.-12:30 p.m. to Cookeville city residents who are an elderly or a disabled shut-in. Please call Kevin at 528-5819 with your name, address and phone number to inquire about meal delivery or for more information.

Cool Contest!!! How you would like to win one of these brand-new Smart Health walking watches? It's an all in one heart rate monitor, step counter and watch. Here's all you have to do. Answer the following questions correctly based upon information in this newsletter, then complete the entry form and drop off at the HRS main office or mail to Kathy Smith, Highlands Residential Services, 235 West Jackson St., Cookeville, TN 38501. All entries must be received by November 13th. Two winners will be drawn from correct, completed entries on Nov. 14. Only one entry per household, and for HRS residents only. Be watching and reading your monthly newsletters for more great contests. You never know which month they may appear.



1. What is the date for Santa's Workshop? _____
2. What is the name of the bank sponsoring the Homebuyer's Class? _____
3. What day of the week is Quawana's Closet open? _____

Name _____

Address _____

Phone _____

NOVEMBER 2017

S M T W T F S

				<p>1</p> <p>tnt TNT: After-School Program</p> <p>RENT DUE!</p>		<p>2</p> <p><i>Build Your Skills Workshop</i> 10 a.m. - 11 a.m.</p> <p><i>Toys for Tots Signup</i> 3 p.m. - 6 p.m.</p> <p>WALNUT VILLAGE RENT COLLECTION</p>		<p>3</p> <p><i>Toys for Tots Signup</i> 3 p.m. - 6 p.m.</p> <p>WALNUT VILLAGE RENT COLLECTION</p>		<p>4</p> <p><i>Toys for Tots Signup</i> 12 p.m. - 3 p.m.</p>	
<p>5</p> <p>DAYLIGHT SAVINGS "FALL BACK ONE HOUR"</p>		<p>6</p> <p>tnt TNT: After-School Program</p>		<p>7</p> <p><i>Build Your Skills Workshop</i> 10 a.m. - 11 a.m.</p> <p>Quawana's Closet Open 1:30 p.m. - 3 p.m.</p> <p>KIDS Matter Reading Program</p>		<p>8</p> <p>tnt TNT: After-School Program</p> <p>WILLOW HEIGHTS RENT COLLECTION</p> <p>PEST CONTROL TREATMENT DAY</p>		<p>9</p> <p>Homebuyers Class 5 p.m. - 7 p.m.</p>		<p>10</p> <p>OFFICE CLOSED FOR VETERANS DAY</p>	
<p>12</p>		<p>13</p> <p>tnt TNT: After-School Program</p> <p>LATE FEES ADDED TOMORROW</p> <p>Tomorrow: TEAM Resident Council</p>		<p>14</p> <p><i>Build Your Skills Workshop</i> 10 a.m. - 11 a.m.</p> <p>Quawana's Closet Open 1:30 p.m. - 3 p.m.</p> <p>KIDS Matter Reading Program</p>		<p>15</p> <p>tnt TNT: After-School Program</p> <p>NON-PAY EVICTION NOTICES GO OUT</p>		<p>16</p> <p>Walnut Village/Willow Heights 1 p.m. - 3 p.m.</p> <p><i>Board Meeting</i></p> <p><i>Great American Smoke Out Day</i></p>		<p>17</p> <p>SANTA'S WORKSHOP TODAY THROUGH SUNDAY</p>	
<p>19</p>		<p>20</p> <p>tnt TNT: After-School Program</p>		<p>21</p> <p><i>Build Your Skills Workshop</i> 10 a.m. - 11 a.m.</p> <p>Quawana's Closet Open 1:30 p.m. - 3 p.m.</p> <p>KIDS Matter Reading Program</p>		<p>22</p>		<p>23</p>  <p>THANKSGIVING DAY OFFICE CLOSED</p>		<p>24</p>	
<p>26</p>		<p>27</p> <p>tnt TNT: After-School Program</p>		<p>28</p> <p><i>Build Your Skills Workshop</i> 10 a.m. - 11 a.m.</p> <p>Quawana's Closet Open 1:30 p.m. - 3 p.m.</p> <p>KIDS Matter Reading Program</p>		<p>29</p> <p>tnt TNT: After-School Program</p>		<p>30</p> <p>LAST DAY CALL IN FOR PEST CONTROL</p>			



MAIL
P.O. Box 400

PHONE
931.526.9793

OFFICE
235 W. Jackson St.
Cookeville, TN 38503

EMERGENCY
931.260.6080

FAX
931.526.5841

➤➤➤ The office is closed for lunch from 12-1 p.m.

Remember to "like us"  on our Facebook pages at Teens Need Training and Highlands Residential Services to check out all the great things happening.

POLICY REMINDERS



The HRS Smoking Policy is now in effect for all HRS homes. A copy of the Smoke - Free Policy was mailed to all residents and is available at the HRS main office.

NO FIREWORKS AT ANY TIME ON ANY HRS PROPERTY BY ANYONE.

Please remember the HRS fireworks policy: "Not to use fireworks in any manner on HRS property and/or premises." This is any type of fireworks and includes bottle rockets, firecrackers, sparklers, poppers, etc.

